

# Put some charisma in your life

*Coping*  
Page 2

## HEARTBEAT FEATURING CHILDREN'S HEALTH inside

## National News

by Robert N. Taylor

### Court rulings conflict over black majority districts

In a bid to remedy past discrimination, legislatures have in recent years drawn districts (many of them oddly shaped) to increase the likelihood that blacks will be elected to Congress. Several of these districts have been challenged in court as discriminatory against whites. Well, two major court rulings have now been issued, and the rulings are contradictory. Two weeks ago a Louisiana federal court held that drawing congressional districts simply for the purpose of benefiting blacks was unconstitutional. But last week a federal court in North Carolina held that such districts were a valid way of remedying past discrimination. The differing rulings virtually guarantee that the issue of how far states can go in drawing up district boundaries will have to be settled by the U.S. Supreme Court. But as it stands now, the newly created black majority district in Louisiana is illegal while the one in North Carolina (the 12 district) can continue to exist.

—BATON ROUGE, LA

### Wheat wins nomination for U.S. Senate

Congressman Alan Wheat last week became the first black person ever nominated to a statewide office in Missouri. He won the Democratic nomination for the U.S. Senate seat of retiring Senator John Danforth. His Republican opponent will be former governor John Ashcroft. If Wheat is victorious later this fall he will become only the second African American in the 100-member U.S. Senate. If race were not a factor, Wheat could be expected to easily capture victory. But most observers project he will have an uphill battle. —ST. LOUIS, MO

### George Bush's son says he has "nothing" to offer the black community

The Florida Republican campaign for governor has taken on a decidedly anti-minority flavor. During a recent televised debate, Jeb Bush—son of the former president—was asked what would he offer or do for blacks.

(Continued on page 3)

## Ormont Plaza Mall opens with 19 stores in East Orange

by Sherry Burrows

Concerned and loyal East Orange residents along with city, state and bank officials came out to support the grand opening of the area's first enclosed mall owned and operated by an African American.

The Ormont Plaza, located on Main Street in East Orange, opened its doors to the public with the introduction of 19 shops loaded with African clothing, cards, books, accessories, art and other novelties as well as the relocation of Wilkerson Hair Salon, currently located on Halstead Street in East Orange. The second level of the mall will play host to a day care center.

Among those in attendance were East Orange Mayor Cardell Cooper, Jerome Greco, senior vice president of Public Affairs at First Fidelity Bank, as well as other representatives from the bank, Brian K. Finnie, director of Urban Programs for the N.J. Economic Development Authority, and a host of other supporters. Funding for the mall was made possible through loans from the state and



East Orange Mayor Cardell Cooper holds check presented to the Onyx Group by the City of East Orange, the State of New Jersey and First Fidelity Bank.

# CITY NEWS

THE NEW JOURNAL OF CIVILIZATION

## Newark Board of Ed president responds to CC findings

### Vows to fight takeover proposal

by Paul Joseph

Newark Board of Education President Evelyn Williams denies all charges of criminal mismanagement and fraud founded by a Comprehensive Compliance Investigation launched by the State Department of Education in an attempt to takeover the school district.

Williams said the report made it look as if board members and public officials were "lining their pockets with gold and running to banks in Switzerland." "That is not the case!" she said.

She said in regard to spending, the county has always had approval on where money

was going and that if any criminal wrong doings have occurred, the state should be held responsible since they have been monitoring the district.

"They (State) have been in this district for more than 10 years. If there has been any criminal activities, the State has been negligent in not bringing the matter up," she said. "This board has not and will not tolerate any criminal activities."

As to charges that students were housed in unsafe, rat-infested huts at the airport, Williams stated that she has never seen a rodent in the building since she was elected president in 1989 and that the \$18,000 annual lease was "approved by the State Board of Education for educational purposes."

However, she did note that the property

lacked proper materials that would help in conducting the learning process such as adequate library system or auditorium. "It was not the most ideal situation. We decided to make arrangements to have the students moved to different locations but the cries of the parents stopped us," she said.

Williams stated the parents in that district did not want to move their children to different schools because of accessibility. She noted that in a meeting concerning the matter one parent stated that her child suffers from asthma and wants to remain in running distance.

Williams criticized the state for refusing to meet with the board and said that their action seemed to be politically motivated. (Continued on page 8)



Newark Board President Evelyn Williams

## Giblin and Cooper begin court battle

by Paul Joseph

After two months of a state investigation on bitter allegations of fraud in the June 7 Democratic primary race for Essex County Executive, Superior Court Judge Barrrell Ives Humphreys will have the final say in settling the dispute.

At the opening trial last week in Newark Superior Court, Humphreys threw out a report by the State Attorney General's Office which found no evidence to warrant a criminal investigation. Humphreys said he would not consider the report in the case because it was not entered as evidence in the civil proceeding.

The on-going court proceedings focused on 15 emergency ballots cast at the Livingston voting station. They allegedly appeared to have been placed in the box after the election or overlooked. During a first count of the votes on June 9, they were not included. However, when the machines were reopened on June 22, they were found hand-drawn and unused ballots.

Both East Orange Mayor Cardell Cooper and county Democratic Chairman Thomas Giblin who ran for the post have made allegations of election fraud. The parties cried foul over the county board of elections had declared Cooper the winner and later concluded that the race between them was tied. Cooper supporters accused the Democratic party of

allegedly dismissing the votes resulting in the even race. An investigation was launched.

According to Attorney General Deborah Portiz, there is no evidence to support claims that 15 emergency ballots were stuffed at a Livingston polling district after the election. Rather, investigators from the corruption and anti-trust branch of the Division of Criminal Justice stated that the ballots were mislabeled by Livingston Municipal Clerk Rene Green.

The report was handed to the judge by Deputy Attorney General Donna Kelly, but John Carbone, an attorney for Giblin, objected to Humphreys' reading of the findings on grounds that "it may bias the court one way or another." The Judge overruled Carbone and

skipped over the report which he later dismissed.

At the time of the elections, officials noticed a red seal on the emergency ballot box containing that paper ballots had been used. However, Superintendent of Elections Carmine Casiano testified that when he opened the black box, none of the paper ballots seemed to have been used.

Casiano said that he remembered seeing two neat bundles of paper ballots and other supplies and directions used in emergency ballot elections in the box. However, when it was reopened for a second record, officials say they found 15 emergency ballot boxes.

(Continued on page 8)

## Black business versus taking care of real business

by William Reed

Supporters of the Rev. Ben Chavis in the sexual discrimination lawsuit said that the media is "distorting the story in an effort to distance" black leadership from their efforts to work collectively on critical issues such as economic empowerment/development and education.

Earl King, a member of the Atlanta press conference that saw Chavis and NAACP Chairman Mark A. Arlene Scotland and Joseph and Brenda Scotland, the parents of Mark, was formed for the purchasing of the mall, Mark and Arlene Scotland owner of Boscot, Inc., which owns Wilkerson Hair Salon, were forced to relocate after their landlady filed for bankruptcy.

At the ceremony, Mayor Cooper, as well as others, stressed the importance of private/public partnerships as well as community support and participation.

Mary E. Stansel, said, "Every time we see a strong black leader who is not afraid of change and is passing the torch towards our freedom, to unlock our brains, people try to put a halt to that." But, are people trying to put a halt to Chavis himself, or just his business habits?

There is no question that reporters from the general media are sniping at Chavis' heels, but isn't it about time that he and the people lining up behind him take a long and good look at the facts as others, black or white, see them? While Chavis' personal and human rights need to be championed, there is

plenty in this case that makes many question his business and managerial skills in the matter.

The facts of the case to date are that Ms. Stansel worked with Chavis in a lobbying effort to help him get the position of executive director of the NAACP. Subsequent to that she was hired into a mid-management position with the organization, which seems to be her source of discontent. Although the total facts have yet to emerge, it is thought that during the staffing process for Chavis' administration he, and board chairman Giblin, hired all males and let Stansel out of a slot that she thought she deserved. In November 1993 she went to Chavis and Giblin, who has closely monitored Chavis ever since he joined the 85-year-old organization, and told them that she would file a lawsuit that would hurt Chavis and the NAACP. Chavis settled the potential sex discrimination claim against him to spare the financially strapped organization from "very costly litigation" if the case had gone to court. Here is where the rub, and lack of business sense on Chavis' part, comes in for many people. Under the agreement Stansel was to receive \$50,000 in two installments, followed by \$5,400 monthly for six

months. If she did not receive an acceptable job offer after six months, she would receive an additional \$250,000.

Stansel paid \$82,400 and when she discovered that she wasn't going to get the other \$249,600 she went to court again, this time adding the charge of "sexual harassment." What kind of "employee buyout package" is that for a person who worked for the organization for less than 45 days? Where in the annals of labor history has one gained so much for such a short period of work? Even though Stansel has a high "career battling average" of filing frivolous lawsuit, what corporate executive do you know who could get away with committing \$300,000 like that when his division was reported to be operating at a \$3 million deficit? If Chavis was scared of Stansel due to her record, she also sued the National Bar Association, many managers and business people are saying that it would have made more sense if an apprehensive Chavis had committed that organization to something he could pay back. For example, Chavis makes \$100,000 a year and if he'd committed the organization to say, a \$3,000 settlement, he could personally pay

(Continued on page 3)

## Plainfield Awarded \$75,000 for Job Training

PLAINFIELD—Mayor Mark A. Fury has announced that the New Jersey Department of Labor has reserved \$75,000 from the Workforce Development Partnership Program for the City of Plainfield to provide job training programs.

The secured funds is the direct result of the City's application for designation as an Enterprise Community. The funds will be available through the Office of Customized Training and will help businesses in the targeted area to be competitive and help defray some of the costs of providing vocational and related skills training for employees.

The purpose of the program is to enhance the creation and retention of jobs in New Jersey. To be eligible to participate in the

program, businesses in the target area must create, retain or upgrade occupations, prevent the loss of jobs, or create employment as a result of a company located in Plainfield. Community-based organizations and a consortium composed of one or more education and training institutions are also eligible to apply for funding.

"This represents a significant level of support from the state of New Jersey. This supports my belief that government at the federal, state and county level are prepared to assist the City of Plainfield in economic revitalization efforts. The submission of the application proves that Plainfield is serious about economic development and providing a better quality of life for our residents," stated Mayor Fury.

## Community Calendar

**NOW THRU AUG. 31**  
**UNION COUNTY**—The 1994 Summer Arts Festival will be held again this year at the beautiful Echo Lake Park on the Westfield/Mountainside border. Held every Wednesday at 7:30 p.m. The schedule is filled with a wide array of music to fit most tastes. Bring a chair or a blanket. FREE.

**NOW THRU SEPTEMBER 4**  
**TRENTON**—The New Jersey State Museum will have American bird figures by English artist Dorothy Douglas on exhibit. For more info call 609-292-4302.

**AUGUST 6 THRU SEPTEMBER 17**  
**PLAINFIELD**—Literary Volunteers of America will host Basic Reading Tutor Training Workshop Saturdays at Plainfield Public Library from 10:00 a.m. to 1:00 p.m. For more info call 908-755-7998.

**PLAINFIELD**—The Central Jersey Chamber of Commerce will have the 31st Annual "Festival of Art" at Liberty Park in historic Van Wyck Brooks District from 10 a.m. to 5 p.m. Artists wanting to exhibit must pre-register. For more info contact the Chamber at 908-754-7250.

**SATURDAYS BEGINNING AUGUST 13**  
**NORTH PLAINFIELD**—Members of the New Jersey Chapter of American Sewing Guild will present four free seminars at Fabric Land on Rt. 22 from 9:30 a.m. to 1:00 p.m. For more info call 908-755-4700.

**NOW THRU AUGUST 18**  
**NEWARK**—The Newark Division of Recreation and Cultural Affairs Division will hold its playoffs for its Summer Baseball League at the John F. Kennedy Center-NJ Relay 1-800-7897.

**FRIDAY AUGUST 19**  
**SOUTH AMBOY**—Eddie Money will appear in concert at Club Bim at 9 p.m. For more info call 908-727-3000.

## Robert J. Cawley receives Donovan Award



Patricia Burroughs, Recording Secretary, Essex-West Hudson Labor Council, of Newark Teachers Union Local 481, presenting Robert J. Cawley with the 1994 Richard P. Donovan Award which exemplifies the spirit and dedication of more than two decades of service to the community.

**HOME-OWNERS**  
 Does Your Home Need Remodeling Or Repairs?

VINYL REPLACEMENT WINDOWS  
 VINYL SIDING  
 ROOFS

MASONRY WOOD STEPS  
 CARPENTRY WORK  
 PORCH REPAIRS

Super Discount Now  
 No Downpayment  
 Affordable Budget Plan  
 Senior Citizen Discount  
 Call Now For Free Estimate

**BROTHERS DUCHESS CO.**  
**908-527-1908**

**"A VERY SPECIAL OFFER"**  
 18 EXQUISITE ETHNIC PRINTS  
 100% COTTON FABRIC \*40 INCH WIDTH  
 PRE-SHRUNK \*COLOR FAST\*  
**ONLY \$3.99 PER YARD**  
 ALL 18 SAMPLES SWATCHES ONLY \$5.00  
 SEND CHECK/MONEY ORDER TO:

**The Africa & Company**  
 Afrocentric Retail mail order  
 P.O. BOX 2107 Teaneck, NJ 07666-1507

**FOR MORE INFORMATION CALL**  
**210-838-1899**

**Roselle Antiques**  
 And Quality Used Furniture

Open Thursday - Saturday  
 12:00 noon - 6:30 p.m.  
 Sunday 11:00 a.m. - 5:00 p.m.  
 (908) 241-9034

Corner Of 1st and Aldene Road  
 Roselle N.J. Exit 137 off G5 Parkway

**D.J. Carlos M. Gonzalez**  
 Music For All Occasions

Pager #  
 201-268-1719

Tel #  
 201-481-9581

## Bill McCoy receives Golden Arch Award



**NEWARK**—Bill McCoy, a local restaurant owner, recently received McDonald's Golden Arch Award, awarded every two years, for leading and consistent contributions to the success of the McDonald's system.

Twenty operators, representing franchise organizations worldwide, received the award from Ed Rensi, president and CEO, McDonald's USA and Jim Canaliupo, president and CEO, McDonald's International during McDonald's National Convention in Las Vegas.

"Less than one percent of the 4,015 McDonald's licensees around the world were recipients of this very prestigious award. It

is indeed an honor," says Bob Beavers, senior vice president.

The winners' restaurants must consistently rank "outstanding" in customer satisfaction, store operations, and physical plant. Their total operations are considered in the selection process, including people practices, training systems and internal policies.

Bill McCoy has been a franchisee for the past 16 years. As the owner of two stores in Newark and one in Elizabeth, New Jersey, he believes that "Developing people, respecting them and giving them the opportunity to do their very best," has been his key to success within McDonald's.



**NEW YORK**—Hugh B. Price, right, recently named President and CEO of the National Urban League, greets officials at the Pepsi-Cola booth in the industrial trade fair at the League's 84th Annual Conference in Indianapolis, Ind. With Price, a former Vice President with the Rockefeller Foundation, are, from left, Betty Shinn, Trade Show Coordinator, Pepsi-Cola Company, Eric Henderson, Account Development Representative, Pepsi-Cola in Dallas/Ft. Worth, Texas, and Michelle Jordan, Manager Community Relations, PepsiCo, Inc.

## Toy drive to benefit pediatric playroom

**NEWARK**—Saint Michael's Medical Center in Newark is holding a toy drive to furnish its pediatric playroom. Located on the hospital's pediatric floor, the playroom provides a warm atmosphere in which Saint Michael's youngest patients can forget their worries as they draw pictures, read and watch television.

New and used toys for boys and girls, coloring books, children's magazines, videotapes and audiocassettes, Nintendo and Super Nintendo cartridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

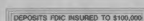
Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call Antoinette Jones, M.S., child life specialist, at 201-877-5052.

tridges, craft items such as glue, construction paper and paint, board games, puzzles, and baby items such as pacifiers, used strollers and playpens would be gratefully accepted. Donations can be dropped off at Saint Michael's. Arrangements can be made for pick up.

Give a gift that will mean a lot to a young patient. For more information, please call





## EDITORIAL

## Where are all the crime fighters

The United States Congress shelved President Clinton's proposed crime bill which would have provided \$32 billion for additional 100,000 police officers, prisons, crime prevention measures and a band on assault-style firearms.

Poll after poll indicates anxiety over crime to be top agenda on the minds of the average voters. Television magazine shows dedicate hours upon hours on the increasing crime rate in America. The evening news gives viewers a constant diet of murder and mayhem served with a side of rape, domestic violence and complete disregard for the sanctity of human life. However, when the gavel fell last Thursday, a 225-210 vote blocked the bill that could have eased some of the burden of average U.S. citizens.

Where are the voters who complained of the plaguing nuisance of crime? Once again, the public remains silent while the big guns of Capital Hill dictate whether they live or die. There is no understanding of the political stakes. Democratic members seemed to be participating in bi-partisan leadership while the Republicans took of gaining control of the Senate and enough House seats to have influence over their counterparts.

It appears as though voters should have the upper hand in directing the actions of their Congress. Yet, it is the powerful lobbies that shape the minds of the popular elected officials. The Almighty National Rifle Association and the apostles of illegal handgun have seduced the U.S. Congress in order to hold the bill hostage until it refutes the rifle ban. In the mean time, on the streets of urban America, a mother loses a son under the guns and another statistic is born. An innocent child is forced to view the sunny day from fenced windows for fear of a passing bullet that does not have a name. Once again, constituents have dozed off into apathetic land north of dream. A better society and bicker loudly among themselves on the high crime rate. It is time that people rise up and demand that their politicians do what they were elected to do: serve the public interest, and necessity.

## Whatever happened to the foes of 'gun boat diplomacy'?

by David Ridenour

With the Clinton Administration increasingly eyeing a military solution to the Haiti "crisis," one wonders what happened to the voices against the "gunboat diplomacy." Where are the peace convays, protests, vigils and teach-ins against American militarism and imperialism now that military action against Haiti is being seriously considered?

During the 1980s, TransAfrica's Randall Robinson, members of the Congressional Black Caucus (CBC) and a plethora of student activists could be counted on to be champions of the anti-militarist line. They opposed aid to the Nicaraguan Contras combating the repressive Sandinista regime, opposed the U.S. military mission to rescue American medical students and the Grenadian population from Maurice Bishop's Soviet-backed New Jewel movement, and they opposed sending military aid to Central America's fledgling democracies. When does Randall Robinson and the Black Caucus stand on militarism today? Apparently, on the other side.

Randall Robinson and the CBC have made it clear they will send nothing less than the return of deposed Haitian President Jean-Bertrand Aristide to power. When sanctions fail to force Haiti's military junta—and they will—military options will remain. The limits of the CBC's patience with non-military remedies was perhaps best summed up by its Chairman, Kweisi Mfume (D-MD), who said, "I think military intervention ought to be the end of the course, but we are getting very close turning out of options."

It's no secret that the Clinton Administration's get-tough approach toward Haiti was largely due to pressure from Randall Robinson and the Congressional Black Caucus. Fear-

ing that his Haiti policy would be labeled "Racist," President Clinton essentially relinquished control of it to Robinson and the CBC. It was at the insistence of Robinson and the CBC that the President replaced Haiti envoy Lawrence Perzullo with former CBC member William Gray III. If the U.S. eventually intervenes militarily in Haiti, it will be with the tacit approval of Robinson and the CBC.

Why has Robinson taken up the cause of Haiti and its ousted leader Jean-Bertrand Aristide? Why the apparent flip-flop on the use of military power? Robinson claims that he is in this for humanitarian reasons. If the U.S. can restore democracy and ensure internationally-acceptable standards of human rights in Haiti, there will be fewer Haitian refugees and fewer deaths at sea.

Yet, Aristide has but a passing acquaintance with democracy and human rights. While in office, he publicly endorsed the "necklacing" of political opponents, a practice in which a gasoline-drenched tire is placed around an opponent's neck and set on fire. The liberal human rights group, Americas Watch condemned him saying,

"There were at least 25 cases of necklacing during his rule. The biggest problem is not that Aristide did nothing to stop these incidents, despite his tremendous moral prestige... in the last couple of months of his presidency, he actually gave two speeches encouraging it."

Robinson, too, has a rather checkered past when it comes to human rights. In 1983, Robinson invited Grenadian Maurice Bishop to be a featured speaker at TransAfrica's annual Washington dinner. The Grenadian Ambassador to the U.S. at that time, Dessima Williams, explained the invitation to Bishop, writing,

"According to Randall Robinson, (Continued on page 5)

by Benjamin Chaalis

Myrtle, an African-American mother of three, works full-time but is unable to make enough to afford housing. For three months she lived in a car with her young children before being accepted into a shelter.

Charles, the child of a crack-addicted mother, has become the parent for his younger siblings. Sometimes they only eat once a day, school is irregular and they're growing up without the guidance so essential to the development of healthy human beings. Angela, 16, dreams of being a doctor but has no way to afford college. Trapped in a dead-end educational program, may not graduate from high school.

These youth are among the countless, nameless multitudes of African-American teenagers who survey the landscape of their future, seeing next to nothing.

These faces paint the portrait of today's civil rights challenges. Fifty years ago we battled the concretely defined ills of legal segregation. We now face that era's legacy: a more insidious and complex form of racial injustice characterized by dramatic disparities between the races. The socioeconomic gap has created an equally alarming chain of racially polarized attitudes and perceptions between blacks and whites.

The net worth of African Americans is less than \$7,000, while the net worth of whites is over \$40,000. Yet, over 60 percent of whites believe that African-Americans now have equal opportunity. Almost half of all African-American children live in poverty.

Black unemployment is twice that of whites. The dismal infant mortality rate in many black communities is equal to that of many impoverished Third World nations. The statistics on health, unemployment, housing, crime and education deliver a tragic statement of despair and inequality.

I came to the helm of the National Association for the Advancement of Colored People (NAACP) last year, painfully mindful of the grim realities besetting the African-American community.

Ironically, two years ago, many questioned the relevance of the NAACP. The organization was roundly criticized for being "out of touch" and failing to design strategies commensurate with the myriad demands facing African-Americans.

A consensus amongst Civil Rights activists began to emerge that we must re-define the Civil Rights movement to deal with the challenges of the 21st century. The traditional machine for the ills of de jure apartheid that spawned the Civil Rights movement is not enough to solve the crime, poverty and inequality plaguing our communities today, especially our youth.

Where are those to whom we will pass the torch? Who will enrich us with their fresh vision and commitment? The Civil Rights movement of the 1950s '60s was dominated by leadership in their 20's and 30's. Without the youth, it is axiomatic that a movement will inevitably wither.

It is a revealing commentary

that our movement is still disproportionately led by those of my generation and older. When I assumed the NAACP executive directorship I accepted a mandate to revitalize our organization and reach out to youth. I've made good on that promise.

In the past year, membership has grown almost 25 percent to over 650,000. Our youth membership has significantly increased, with 65 percent for all new members under the age of 24. The NAACP story of progress has been distorted by the media frenzy focused on a minority of critics from within actually representing less than one percent of the organization's membership. Many have been particularly critical of my commitment to engage in dialogue with disparate segments of the African-American community.

Let us recall the civil rights movements of the 1960's. A panoply of black organizations were dedicated to attacking racial discrimination. Along with the NAACP, there was the Urban League, Southern Christian Leadership Conference (SCLC), Congress on Racial Equality (CORE), the Student Non-Violent Coordinating Committee (SNCC) and the Black Panther Party. Each of these organizations sliced its own piece of the Civil Rights pie and the leadership of the more "moderate" organizations sometimes shunned the leaders of the more "militant" organizations.

Despite this dichotomy, African-Americans made tremendous civil gains. While SCLC's dynamic leader, the Reverend Dr. Martin Luther King Jr., was revered by the Civil Rights establishment, the Nation of Islam's forceful spokesman Malcolm X was reviled.

Today, African Americans celebrate the memories of both Malcolm and Martin, despite their different approaches in the fight for racial equality. Perhaps, had there not been more gains, the gains would have been greater for black Americans and the nation as a whole.

One also cannot forget the vital contribution made by the Jewish community to the Civil Rights movement. There has been a long and honorable alliance that should continue between the African-American and Jewish communities. Neither I nor the NAACP have ever embraced any anti-Semitic beliefs nor would we countenance such.

Now, our unity is being threatened by critics who have charged that entering a dialogue with Minister Louis Farrakhan implies an acceptance of his philosophy. Whether it is Mandela sitting down with opponents of a nonracial South Africa or the Israeli Government talking with the PLO, discussion does not imply endorsement. It is a requisite exercise for progress.

There is room in a democracy for debate over the Nation of Islam's role in the struggle to improve the quality of life of African Americans. In my view, however, the issue of our dialogue with Farrakhan pales in the face of the dire condition of racial injustice in our nation today. I wish that the effects of poverty could compel the same vigor and intensity of media attention that Farrakhan's presence to one hundred practitioners gathered at the recent African-American Leadership Summit.

(Continued on page 5)

## Professional Directory

**"A BUSINESS SOLUTIONS & SERVICES COMPANY"**  
COMPUTER & OFFICE SUPPLIES  
ADMINISTRATIVE SERVICES  
INFORMATION SYSTEMS  
BUSINESS CONSULTING  
TRAINING

**HIGH PERFORMANCE ALTERNATIVES, INC.**  
320 PARK AVENUE • SUITE 1000 • PLAINFIELD, NEW JERSEY 07060  
(908) 757-4721 FAX (908) 757-1992

**P & U FINANCIAL SERVICES**  
CREDIT REPORTS CORRECTED  
CREDIT RESTORED/REPAIRED  
DEBT MANAGEMENT SERVICE  
DEBT CONSOLIDATION PLAN  
GUA-INTENTED  
FREE CONSULTATION  
(WE ALSO SELL DO IT YOURSELF KITS)  
FOR APPOINTMENT CALL  
201-374-9191  
964 SANFORD AVE IRVINGTON, N.J. 07111  
(CORNER OF CLINTON AVE)

**TURNED DOWN FOR CREDIT AGAIN?**  
CREDIT REPAIR ASSOCIATES CAN HELP YOU!

Using federal and state laws, we can help you remove all type of negative information from your credit reports.  
LATE PAYMENTS, CHARGE-OFFS, REPOSSESSIONS, TAX LIENS, COLLECTION  
ACCOUNTS, BANKRUPTCIES AND OTHER NEGATIVE INFORMATION  
Any type of negative information in your credit report can hold you pay higher interest on car loans, mortgages  
etc. Now we fix it. Call power! (you form obtaining any credit at all)  
Call Credit Repair Associates - 908-322-1903  
For as little as \$29.00 down and \$49.00 a month you can have all the derogatory  
information removed from your credit profile. For a free consultation, call

**BRYAN MCGAURAN, CREDIT REPAIR ASSOCIATES**  
1812 E. 30th Street, Suite 100, Plainfield, NJ 07060 (908) 322-1903 ext 202 Fax (908) 322-8961

**GADEGBE KU CONSULTANTS**  
STRUCTURAL & CIVIL ENGINEERS  
CHRISTOPHER GADEGBE KU, PH.D., PE  
990 WOODLAND AVE.  
PLAINFIELD, NJ 07060 (201) 757-3489  
FAX (201) 757-0103  
TELEPHONE 824-4460

**DR. DENNIS W. JACKSON**  
DENTIST  
490 CLINTON AVENUE  
NEWARK, NEW JERSEY 07108

**DANIEL A. WILLIAMSON**  
Attorney at Law  
900 MADISON AVENUE  
PLAINFIELD, NEW JERSEY 07060  
(908) 754-6666  
GENERAL PRACTICE  
CRIMINAL LAW, REAL ESTATE, LANDLORD/TENANT  
DIVORCED, ESTATE/ADOPTION  
WILLS, ESTATES & TRUSTS, PERSONAL INJURY CORPORATIONS

**Notary Public** 908-756-4429  
Fax 908-756-3095

**JUDKINS COLONIAL HOME, INC.**  
428 West Fourth Street  
Plainfield, N.J. 07061

K. Reva Judkins, Pres H. Leslie Judkins, Sec.  
Harvey L. Judkins, V. Pres Fred L. Hunt, Funeral Dir.

**CIGNA Financial Advisors**  
Insurance & Investments  
WE CAN HELP YOU DISCOVER  
A NEW  
FINANCIAL FUTURE  
OF INVESTMENT PLANNING  
OF RETIREMENT PLANNING  
OF STRATEGIC INSURANCE PLANNING  
PETER BLAKE  
(609) 482-8100  
\* Insurance Offered Through Cigna Affiliates \*  
220 LAKE DRIVE EAST, SUITE 300 CHERRY HILL, NEW JERSEY 08002

## Bookkeeping

For small businesses and sole practitioners.  
+ word processing and office support

**KMT OFFICE SUPPORT SERVICE**  
(201) 279-0587

**BROWN'S FUNERAL HOME**  
122 Plainfield Avenue  
Plainfield, NJ 07060  
(908) 756-4241  
OR  
1-800-286-4241

**TYREE P. JONES** Manager  
**DIANE JONES GENTLES** Funeral Director

**15 Minutes With Us**  
**Could Be The**  
**Smartest Investment**  
**You Make This Year.**

If you have an investment fund of over \$100,000 to manage, your H. D. Vest tax and financial professional can help you establish a portfolio that matches your needs, goals, and desired level of risk. Call today for a free consultation.

**Raymond L. Scott**  
(201) 673-4099 or (800) 675-4099

Advisory Services offered through H. D. Vest Advisory Services, Inc.  
Securities offered through H. D. Vest Investment Securities, Inc. Member SIPC.  
433 E. San Carlos Blvd. Suite 300 Irving, Texas 75039 214-556-1651

## CITY NEWS

**Publisher**  
Henry C. Johnson, Ph.D.  
**Executive Editor**  
Jan M. Edgerton-Johnson  
**Assistant Editor**  
Sandra Wright  
**Editorial Assistant**  
Steve Green, Sherry Burris  
**Director of Advertising Sales**  
Lorraine Davis Hickman

**Contributing Writers**  
Sharon Khadijah Vincent, Connie Woodruff, Paul Joseph

**Composition**  
Sandra Wright, Steve Green

City News is published weekly by City News Publishing Company  
P.O. Box 1774, 144 North Avenue, Plainfield, N.J. 07061. Telephone (908) 754-3400 Fax (908) 753-1036. The publisher reserves the right to delete objectionable words or phrases and to reject any advertising. This publication, in whole or parts thereof, may not be reproduced in any form whatsoever without the expressed written permission of the Publisher. City News assumes no responsibility for unsolicited manuscripts, art or photographs. No material submitted can be returned without a stamped, self-addressed envelope.  
Copyright 1994 City News Publishing Company. All rights reserved.

### Kids Kalendar

OPENING MID JUNE

**NEW YORK**—The "Wonder Theater" Children love to perform and under the supervision of our art educators, they produce and perform theme based vignettes for family and friends. For more info, call 212 274-0986.

#### NOW THRU AUGUST

**UNION**—The Union "TEENARTS" Touring exhibit will be held at the Haarmann and Reimer Corporation. Open to the public by appointment only. For more information contact Mary Ann Dorn at 908-651-4445.

#### NOW THRU AUGUST 19

**PATERSON**—The Paterson Free Public Library is sponsoring a "Summer Vacation Reading Club" for youngsters of all ages. I will feature prizes and parties for all who participate. For more info, call the Children's Room at 201-357-3002.

**PLAINFIELD**—Registration is taking place at Plainfield Action Services, 510 Wanchung Ave., for FREE back-to-school supplies for children in grades K-6 from 10:00 a.m. to 4:00 p.m. weekdays. Only Plainfield residents are eligible for supplies. Organizations wishing to donate can contact Betty Blake at 908-753-3518.

**EAST ORANGE**—"Summer in the City" presents "Salute to America" theme for their kids fest 11 a.m. For more info, call 201-266-5147/123. For hearing impaired call TTY: NJ 908-789-7897.

#### JULY THRU AUGUST 24

**MOUNTAINSIDE**—Registration is still being accepted for summer workshops at the Translance Nature & Science Center. There are programs scheduled for all ages. For more info, a brochure call 908-789-3670.

#### JULY 15 TIL AUG. 24

**MOUNTAINSIDE**—The Trained Nature & Science Center will host seven "Wednesday Matinees." They will have puppet, magic, music, drama and films. 1:30 pm. Group rates available. For more info, call 908-789-3670.

#### WEDNESDAY AUGUST 17

**MOUNTAINSIDE**—The Whole Earth Show will be performed by Puppeteer at Translance Nature and Science Center at 7:30 p.m. Children, ages 4 and over, will be introduced to the problems of environmental degradation in a fun fast paced manner. For more information call 908-789-3670.

Send Kids Kalendar events to: City News, P.O. BOX 1774, PLAINFIELD, NJ 07060

# YOUTH/EDUCATION/SUCCESS

## Teen artists apply their talents for drug prevention

**JERSEY CITY**—The famed photographer Andres Serrano will serve as the mentor this summer for 12 Jersey City teenage artists who are applying their talents to the prevention of drug and alcohol abuse.

The young artists' project is to create, with original photography, a compelling visual statement for their peers and the community at large. The image they design will appear monthly on two Jersey City billboards for one year, and through the Partnership for a Drug Free New Jersey, on other billboard statewide.



Photographer Andres Serrano

Coordinator of the Billboard Project is the Jersey City Museum, which in the summer of 1993 was selected as A.R.T. (Art-Related Training) Project to give high school students an opportunity to earn money while they learned skills from professional artists. The students involved successfully designed and painted a large mural on the theme of ethnic diversity and harmony at Jersey City's Newport Center.

This summer a new group of apprentices will continue the Public A.R.T. team-and-learn program, receiving specialized instruction in prevention from the Hudson County Council on Alcohol and Drug Abuse. They will also learn principles of effective public art and strategies used by the advertising industry to sell products.

While creating billboard art to act as a rebuttal to this kind of advertising the teenage artists will be guided by staff members of the Museum's Education Department and three New York metropolitan-area artists with varied experience: Mr. Serrano; Alison McGoran, a high school and college teacher; and Adam Simon, Co-Director of the Four Walls alternative artists space in Brooklyn.

## Tamara Thomas named James E. Dorsey scholar



**UNION, NJ**—Tamara Thomas, second from left, a student at Plainfield High School in Plainfield, was named a 1994 Dr. James E. Dorsey Scholar at a recent awards luncheon held at Kean College of New Jersey. Presenting the award, from left to right, were Dr. Joseph Darden, Director of Minority Enrollment at Kean College and a Professor in the Department of Physical Education, Recreation and Health; Dr. Sharon Katz, a Guidance Counselor at Plainfield High; and Dr. Max J. Kahn of Kean College's Board of Trustees. The scholarship program honors the late Dr. James E. Dorsey, Professor of Music and the first full-time minority faculty member at Kean. Dorsey Scholars are in the upper ten percent of their high school graduating class and are recommended by their high school counselors on the basis of their academic performance, leadership and potential contributions to school, community and society in general.

## Vacation bible school students donate to hospitalized children

**EAST ORANGE**—Members of the Vacation Bible School at New Hope Baptist Church donated a VCR and several children's tapes recently to the patients at Children's Hospital of New Jersey.

"As part of our daily activities for Vacation Bible School, the children are encouraged to bring mission money to help other children," said Ruth Carter, director.

"In the past, we've normally made donations to foreign countries. This year, however, we felt it was important to do something locally. This is the start of a relationship that we plan to continue with Children's Hospital," she

stated. Linda Antillon, administrative director for Children's Hospital who accepted the gifts on behalf of the pediatric patients, stated, "for many of our critically ill children who spend months in the hospital, the VCR and tapes will help make their hospital stay more pleasant."

"United Hospitals' Children's Hospital of New Jersey, located at 15 South 9th Street in Newark, is the state's largest comprehensive, acute care facility for children. Children's Hospital boasts over 30 specialties including AIDS, cardiac surgery and cardiology, cancer, neuro-surgery, gastroenterology and urology.



Members of the New Hope Baptist Church Vacation Bible School present a VCR and several children's tapes to Linda Antillon, administrative director for the Children's Hospital of New Jersey. Standing in background from left are: Jerome Boyd, counselor; Ruth Carter, director; Wilma Hobbs, Secretary; and Sylvia Phillips, co-director.

## Enrollment applications accepted at Newark's school redirection

**NEWARK**—If you know a Newark resident at least 16 years old who has dropped out of high school and would like to return to earn a diploma, High School Redirection is accepting enrollment applications.

Young adults who wish to learn more about the program, or obtain applications, can do so at the school, located on 13th Avenue, during August 8-12 and August 15-19. Counselors will be on-site to answer questions and provide enrollment application.

High School Redirection is an

innovative, alternative education program for Newark residents. Its students voluntarily enroll.

Students attending High School Redirection enroll in academic courses required by the New Jersey Department of Education and the Newark Board of Education. In addition, various elective courses, such as computer skills are offered. Students also have an opportunity to become involved in extracurricular activities.

Instruction is individualized,

and each student is expected to complete work for a particular course, but may do so at his or her own pace. In this way, students can complete courses more quickly than in the traditional school system.

The school places heavy emphasis on developing personal and social skills, which directly complement its academic curriculum.

To obtain more information about Newark High School Redirection call 201-733-7414.

## Foes of gunboat diplomacy

(Continued from page 4)

their invitation to you is to say to the Reagan Administration: "Maurice Bishop is our man, a black man. You mess with him, you mess with all black Americans." For more info, call 201-266-5147/123. For hearing impaired call TTY: NJ 908-789-7897.

ident Reagan sent the U.S. military to Grenada—and, not surprisingly, Robinson opposed the move.

According to Bishop, "consider how people get detained in this country. We don't go and call for no votes," said Bishop in a September 1982 speech.

"You get detained when I sign an order after discussing it with the Bay."

Once I sign it—like it or don't like it—it's up the hill for them."

Robinson's buddy was quite the paragon of human rights.

Finally, there are the TransAfrica leaders' rather peculiar views on Cuba. When asked on CNN's *Crossfire* in 1989 why he lamented human rights abuses by Angola's UNITA freedom fighters and by South Africa while remaining silent on Cuba's human rights violations, Robinson responded that it was because Cuba had already been "liberated." He has also defended Cuba's past adventurism, saying,

"The Cubans...provided a tremendous service to Angola and are appreciated in Africa for having done so." Presumably, he only polled peo-

ple living outside of Angola.

Randall Robinson and members of the Congressional Black Caucus would have us believe that it is in the interests of human rights that they have abandoned their long-standing anti-militarist line. A more plausible explanation is that they see in Haiti an opportunity to advance their own ideology—an ideology that has already been relegated to the ash heap of history.

Where have the foes of "gunboat diplomacy" gone? Apparently they're now commanding the gunboats.

*Redunior is from the National Center for Public Policy Research.*

## Today's civil rights challenges

(Continued from page 4)

My detractors have also erroneously charged that the NAACP is bankrupt. That is not true. While I inherited a two million dollar deficit, we have embarked upon serious efforts to close the financial gap through more efficient management and stepping up our fundraising efforts.

We have also expanded our programs in the past year. We signed partnership agreements with Nations Bank and U.S. Bank to fund an NAACP community development resource center in seven cities across the nation, providing home mortgages and assistance for small business development. Over 10 million dollars in loans have already been made.

Our national youth program ACT-

SD—Afro Academic Cultural Technological Scientific Olympics—attracted more than 300,000 young people from across the country who vied in competition in math, science, the arts and humanities. NAACP provides scholarships and has opened the door to youth employment at prestigious institutions like NASA.

Our anti-violence campaign and outreach to youth in gangs successfully compelled 10,000 to lay down their weapons. But faced with unprecedented unemployment among black youth and an ill funded public education system, we are painfully aware that the question of what they will pick up once they have laid their weapons down has not yet been an-

swered.

The challenges of the next century demand that together we explore new strategies to revitalize our movement. We need every voice of goodwill. Let us debate. But let us not allow debate to become a wedge that ultimately divides the movement. Let us not be distracted from our central task: building a nation where we are not separate and unequal; where no part of our country is relegated to poverty and despair; and where race, creed or religion does not determine one's destiny.

*Dr. Benjamin Chavis, Sr. is Executive Director/CEO of the NAACP. This article is a reprint from the Philadelphia Tribune.*

THE MAIN THEME OF THE NEW GENERATION 1984/95 \$1.75

**Yes! HOWARD**

Choosing a college • First year memoirs of a college student

Campus gear review • Where the jobs are and how to get one

**PRINCETON**

College Freshmen's GUIDE

Get your subscription today. Yes helps you make the grade!

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Send Gift Subscription to

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

# ARTZ WEDNESDAY

## Billboard

### AUGUST 4 THRU 28

**METUCHEN**—"Hello Muddah, Hello Faddah" returns to The Forum Theater with show times Thursday through Saturday 8:00 p.m. and Sundays 2:30 p.m. For more info, call 908-548-0562.

### AUGUST 4 THRU 31

**DOUNDBROOK**—Artist Deirdre McGrail will be exhibiting a new series of paintings at the Palmira Gallery. For more information and times of the exhibits call 908-352-9515.

### AUGUST 5 THRU 28

**SOMERSET**—The Thirties musical "Ain't Misbehavin'" will be performed at the Villagers Theatre. Showtimes on Fridays and Saturdays are at 8:30 p.m., and Sundays at 3:00 p.m. For tickets and info, call 908-873-2710.

### AUGUST 5 THRU 28

**TRENTON**—"BABES IN ARMS" opens at the Mill Hill Playhouse on Fridays and Saturdays at 8:00 p.m. and Sundays at 3:00 p.m. Special rates are available. For more info, 609-394-8261.

### AUGUST 5 THRU JANUARY 23

**NEW YORK**—The Metropolitan Museum of Art will feature an exhibition, "Pharaoh's Gifts: Stone Vessels from Egypt. Objects dating back to the stone age will be on display. For more information call 212-570-3951.

### THURSDAY AUGUST 18

**NEW YORK**—Diane Dallas will speak at Frances Taven Museum as part of the museum's Lunchtime Lecture Series. For more info, call 212-425-1778.

### FRIDAY AUGUST 19

**WEST BURY**—Lionel Hampton and his orchestra, Count Basie orchestra and Duke Ellington orchestra and special guest the Ink Spots will be at Westbury Music Fair at 8:00 p.m. For information call 516-334-0000.

### WEDNESDAY AUGUST 24

**MOUNTAINSIDE**—The Jimmy Dorsey Orchestra will perform at the Union County Summer Arts Festival at 7:30 p.m. For more information call 908-527-4900 or 908-352-8410.

### AUGUST 27 AND 28

**BUDD LAKE**—The 4th annual American Indian Powwow and Western Festival will be held at N.J. Vasa Park on Sat. from 10:00 a.m. to 8:00 p.m. and Sun. from 1:00 p.m. to 6:00 p.m. The traditional Haggag breakfast will be held both days from 10:00 a.m. to 12:00 p.m. For more info, call 908-370-5299.

**POINT PLEASANT**—The 1994 Easter Society of New Jersey will host a Beach Volleyball Adventure at Jenkinson's Inlet Beach from 9:00 a.m. to 7:00 p.m. For more info, call 1-800-1468-0027.

**WESTBURY**—Donna Summer will be performing at the Westbury Music Fair. Showtimes at 9:00 p.m. For tickets and information call 516-334-0000.

### FRIDAY SEPTEMBER 2

**WEST BURY**—The Reggae Summerfest will be at the Westbury Music Fair. For further information or for tickets call 516-334-0800.

### SATURDAY SEPTEMBER 17

**HOBOKEN**—"LA DI DA": an open stage free-form gathering of local artist, will be along the Hudson River at Sinatra Drive and 5th St. from 1:00 p.m. to sunset. For more info, contact Neal at 201-666-3103 or LA DI DA, P.O. Box 1092, Orange, NJ 07060.

### SATURDAY SEPTEMBER 24

**WHITE HOUSE**—The Westfield Symphony Orchestra and Merck & Company will sponsor a fund raise at the Merck World Headquarters at 8 p.m.

### NOW THROUGH SEPTEMBER 4

**MONTCLAIR**—China Marks Drawings will be on display at The Modern Art Museum. A selection of 9 large scale works by a Jersey City artist. For more info, or hour call 201-748-5555.

### NOW THROUGH SEPTEMBER 10

**HAMPTON**—"Hello Dolly!" will be opening at The Hunterdon Hill Playhouse. For more info, call 1-800-HHP-7313.

### NOW THROUGH OCTOBER 3

**NEW YORK**—Modern Furniture in the Collection of The Metropolitan Museum of Art, an installation of furniture masterpieces drawn entirely from the museum's remarkably rich collection, will be on view in the 20th Century Design gallery. For more information call 212-570-3951.

## Orange hometown Jam II features local artists

**EAST ORANGE**—Local artists will be featured in the Summer in the City Hometown Jam II, as this year's Fourth Annual Jam comes to a close. Slated to perform on Friday, August 19 are local artists Culture Posse, Carolyn Victorian, Sheba Jordan, and Al Tariq Long.

Culture Posse, an East Orange "rappin'-reggae" group, is comprised of three artists: Russell Dabady, aka General Skank, Leonard Clarke, aka Russian and Samson Thom, aka German.

The group's penchant for originality and soulful savviness led them to record and release their debut single last November titled "Real on Cutting Records, a New York based record company.

The concert will be held in Rowley Park, located on North Arlington Avenue in East Orange. Showtime is 6:00 p.m. to 8:00 p.m.

Victorian will offer a rhythm and blues twist to this year's Hometown Jam II. As a small child, Carolyn Porter, as she was known then, attended Nassau School where she tried out for the lead character of Dorothy

in the school production of The Wiz.

"I auditioned for the lead character Dorothy, but ended up as an understudy, but part of the audition was to sing one of the tunes. It was through Ann V. Moore's eyes, a teacher in the Nassau school, I saw that I had something to offer. From that point I have had music in my bones," said Victorian.



Culture Posse of East Orange to perform in the E.O. Hometown Jam.

Also performing at Hometown Jam II will be local rap artist Al Tariq Long. Returning to participate once again in this year's Hometown Jam II is Sheba Jordan.

Hometown Jam is free and open to the public. For information contact Betty Robinson at the East Orange Summer line at 201-266-5123.

## Mike Tyson drama set for production

A martial arts expert and soap opera star triumphed over more than 1,000 hopefuls to portray boxing heavyweight champion, "Iron Mike" Tyson.

Brooklyn native Michael Jai White, a karate legend with recurring roles on "Loving" and "All My Children," has been cast in the title role of the HBO Pictures biographical drama TYSON set for production this September.

At 6 feet, 205 pounds, White has the physical build that recalls the physique of the champ, who is currently in prison on rape charges. He beat out six other finalists from open auditions, held in Chicago, Atlanta, Los Angeles and New York.

The movie is based in part on the revealing biography, "Fire and Fear: The Inside Story of Mike Tyson," by Jose Torres, a former light-heavyweight boxing champion and Chairman of the New York State Athletic Commission. It will be directed by Uli Edel whose cred-

its includes "Last Exit to Brooklyn," and episodes of "Twin Peaks."

Tyson continues HBO Pictures' tradition of biographical dramas devoted to controversial contemporary figures, such as human-rights pioneer Nelson Mandela and entertainer Josephine Baker.



Michael Jai White will take on the role of "Iron Mike" Tyson.

## Join us for the 5th WBGO

**JAZZ RECORD FAIR**  
JAZZ 88  
Sunday, September 11th  
NEWARK GATEWAY CENTER  
(Petersen Station Complex)  
10:00 AM - 6:00 PM  
Admission \$5

- Records (old & new)
- CDs
- Books
- Art
- Jewelry
- Exotic Clothing
- Crafts

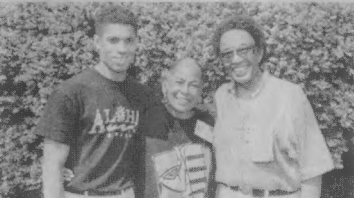
Plus!  
A Jazz Concert in the Gateway Hilton Ballroom at 4pm!

**WBGO • 88.3 FM**

For more information, Call Deborah Korb at (201) 624-8888  
For advertisements in the program, Call Ruth Bayless at (201) 624-8888

## George Wallace at Club Bene'

**SAVERVILLE**—Comedian George Wallace will be bringing his off the wall sense of humor to the stage of Club Bene' Dinner Theatre, located on Rt. 35 in Sayreville, Friday, September 2 for one night only. For more information call Club Bene' at 908-727-3000.



At the Jackie Robinson Foundation, an Afternoon of Jazz. (L-R) Stanley Jordan, Rachel Robinson and Billy Taylor.

## 1994 World Calypso Monarch crowned



**NEW YORK**—Greg Jacobson (left), Product Manager for Nutrament, the Energy and Fitness Drink, presents the winner of the 1994 World Calypso Monarch competition, the Mighty Chalkdust (Police Lifestock) (center), with a specially designed silk jacket from Nutrament, co-sponsor of the event. The Mighty Chalkdust was declared the winner of the Calypso Monarch Festival competition that was held at Brooklyn College on Saturday, July 23. Herman Hall (right), publisher of Everybody's, the Caribbean-American magazine, who planned and directed the festival, was also on hand to help present the award. Photo credit: Vusef Rashad

## Peep this



Jamie Foxx from the cast of (In Living Color) will release his new cd on Fox Records titled, *Jamie Foxx: Peep This*. This collection of "smooth" ballads and "bumpin'" R&B tracks were all produced, arranged and composed by Foxx.

## I Thought College Was Just For Other People

There are lots of reasons to go to college. But for me, there's only one: I want to make something of my life. That's why I go to Union County College.

The people at UCC really care. There are 60 programs to choose from and even classes to help prepare students for college level work. The tuition is affordable and more than half the students get some type of financial aid. With three locations, no one in Union County is more than 10 minutes from a campus. And classes are offered at night and on weekends.

Call (908) 709-7500 today. You'll find that UCC is just right for you, too.

Fall Semester starts September 7.



1033 Springfield Avenue, Cranford  
Cranford • Elizabeth • Plainfield

We're your college.



Send Billboard Calendar events to:  
City News  
P.O. Box 1774  
Plainfield, NJ 07060



Call:  
908-754-3400  
9:00 AM - 5:00 PM

# CLASSIFIED

Fax Your Classified & Legal  
908-753-1036  
24 Hours

## LEGAL NOTICE

### THE NEW JERSEY SPORTS AND EXPOSITION AUTHORITY ATLANTIC CITY CONVENTION CENTER/RAIL TERMINAL TESTING & INSPECTION SERVICES CONTRACT #7 GENERAL CONSTRUCTION

Proposals are invited by the New Jersey Sports and Exposition Authority for Testing and Inspection Services for the construction of the Atlantic City Convention Center. Request for Proposal criteria may be either picked up at the offices of the New Jersey Sports and Exposition Authority at 1333 Atlantic Avenue, Suite 701, Atlantic City, NJ 08401, or requested by mail or facsimile (803-343-2169). No phone inquiries will be accepted. Written submissions are due by or before 4:00 p.m., August 25, 1994 and must be submitted to Joseph C. Menoldi, Director of Construction, New Jersey Sports and Exposition Authority, 1333 Atlantic Avenue, Suite 701, Atlantic City, NJ 08401.

## NOTICE REQUEST FOR PROPOSALS

The Housing Authority of the City of Salem is seeking proposals to provide outside contract security services and undercover investigations for the Drug Elimination Program. Interested parties should contact the Housing Authority of the City of Salem, 295 Seventh Street, Salem, NJ 08070 or call (609) 935-5022 for additional information. Invitations from local police departments welcome. All proposals must be submitted to this office no later than 11:00 a.m. on Thursday, August 18, 1994.

## PUBLIC NOTICE

NOTICE IS HEREBY GIVEN that the New Jersey Department of Transportation, pursuant to Public Law 100-17, Section 105(a) of the Surface Transportation and Uniform Relocation Act of 1987, the Intermodal Surface Transportation Efficiency Act of 1991 and 49 CFR Part 22, has established an annual goal of twenty percent (20%) for disadvantaged Business Enterprises (DBEs) participation on Federal Transportation Administration (FTA) Section 6(a) and Section 26(a) (2) funded transportation consultant planning projects for the State of New Jersey Fiscal Year 1995 (commencing July 1, 1994 to June 30, 1995).

Documentation describing how the New Jersey Department of Transportation determined the annual DBE goal is available for inspection during normal business hours at the Department's principal office (listed below) for a period of thirty (30) days following the publication of this notice.

Further, take notice that both the Federal Transit Administration and the New Jersey Department of Transportation will accept comments, for informational purposes only, on the aforementioned DBE goal, for a period of forty-five (45) days following the publication of this notice at the following addresses:

New Jersey Department of Transportation  
ATTN: Director, Office of Civil Rights  
1035 Parkway Avenue, CN 600  
Trenton, New Jersey 08625

United States Department of Transportation  
Federal Transit Administration  
ATTN: Director, Office of Civil Rights  
400 Seventh Street, S.W. - Room 7412  
Washington, D.C. 20590

## REQUEST FOR PROPOSAL

The Housing Authority of the City of Elizabeth, New Jersey is seeking: **A/E SERVICES FOR ELEVATORS AT FARLEY TOWNS, KENNEDY ARMS, FORD LEONARD TOWNS AND O'DONNELL DEMPSEY TOWNS**

Sealed proposals will be received at the Housing Authority of the City of Elizabeth, 688 Maple Avenue, Elizabeth, New Jersey 07202 no later than 4:00 p.m. prevailing time on Wednesday, August 24, 1994.

Interested firms should contact Arlene Howell, Purchasing Department at (908) 965 2412 or by writing to the Housing Authority of the City of Elizabeth, 688 Maple Avenue, Elizabeth, New Jersey 07202 to receive a proposal package.

HOUSING AUTHORITY OF THE CITY OF ELIZABETH  
JOSEPH A. MANFREDDI  
EXECUTIVE DIRECTOR

## HELP WANTED

## HELP WANTED

## HELP WANTED

## DISTRIBUTION

Independent contractor to be responsible for distribution of City News publications to boxes and newsstands 5 days a week. Must also develop distribution in the following areas:

Newark, East Orange, Orange, Irvington  
Hillsdale, Elizabeth, Paterson, Jersey City, Hackensack  
Teaneck, Englewood, New Brunswick, Trenton

Fee at \$300 per week depending on number of papers distributed. Must have truck or suitable vehicle for delivery of approximately 30,000 newspapers per week, insurance, valid NJ driver's license. Opportunity to build distribution company with City News as anchor. Call (908) 754-3400 or send resume to:

CNDIST  
City News Publishing Company  
144 North Ave  
Plainfield, NJ 07060

## HELP WANTED

## HELP WANTED

## HELP WANTED

## SIEMENS

## SENIOR QUALITY ASSURANCE ENGINEERS

For high visibility with a medical industry leader.. your partner is Siemens

The continuing growth of Siemens Medical Systems has created a need for experienced professionals who can assume responsibility for providing initial and ongoing quality assurance engineering support.

Now you have an opportunity to join an established leader and participate in some exciting including the latest technology. You will be part of our future expansion. Working from our U.S. headquarters in Iselin, NJ, you will be responsible for:

- Lead/Report Corporate Quality Systems Audits to ensure ISO & GPM Compliance
- Ensure Corrective Actions to (a) Corporate Audits, (b) FDA Audits and 483's
- Initiate and Implement necessary Quality Training
- Establish measurement systems for Quality Assurance for SMS.
- Provide technical QA Resource for groups to resolve issues. Be PROACTIVE.
- Lead critical QTA for continuous improvement.
- Implement customer satisfaction systems.

The qualified candidate must have a minimum of a Bachelor's Degree in Electrical Engineering or Industrial Engineering, with a minimum of 10+ years experience in manufacture and design of Electrical components, of which 6+ years should be in Quality Systems experience. Must be certified as a Quality Engineer and be Certified as a Quality Auditor, including ISO 9001 experience (6+ years). Excellent communication skills are essential. This position will require medium to heavy travel.

Siemens offers a competitive salary and benefits package. To become part of a dynamic company, submit resume to:

EMPLOYMENT DEPT., QA/GM - NO PHONE CALLS PLEASE

**Siemens Medical Systems, Inc.**

P.O. BOX 1000 • ISELIN, NEW JERSEY 08830  
equal opportunity employer m/af/v

## ADVERTISEMENT FOR BIDS

## LEGAL NOTICE

### MORRISTOWN HOUSING AUTHORITY C.G.P. CONTRACT 3 MISC. BUILDING, HVAC, PLUMBING UPGRADES AT WETMORE TOWERS, NJ23-4 PETRONE TOWERS, NJ23-5 29 ANN STREET, NJ23-4

PUBLIC NOTICE is hereby given that sealed proposals will be received by the Housing Authority of the Town of Morristown (hereinafter called the Authority), in the County of Morris, State of New Jersey, at the Administrative Office of the Authority, located at 31 Early Street, Morristown, New Jersey, on September 14, 1994, at 10:00 a.m. prevailing time. The Authority reserves the right to waive any informalities in bids and to reject any and all bids if it is in the best interest of the Authority to do so. A pre-bid meeting will be held at 9:00 a.m. on August 25, 1994, at the Authority's Administrative Office at 31 Early Street.

Separate sealed bids for Contract 3 - Miscellaneous Building, HVAC, and Plumbing Upgrades.

All work incidental thereto, in accordance with specifications.

Bids must be accompanied by a certified check or Bid Bond in the following amounts:

BIDS	AMOUNT
up to \$200,000	10%
\$200,000 \$400,000	\$20,000
over \$400,000	5%

Bids must be accompanied by consent surety regardless of whether a check or Bid Bond is submitted. All bonds and consents of surety must be written by surety companies listed in the most recent Circular No. 570, United States Department of the Treasury.

The Contract Documents are on file and may be examined at the Administrative Office of the Authority. Copies of the Contract Documents may also be obtained at said offices upon payment by check or bank draft in the amount of \$50.00 payable to the "Morristown Housing Authority" for each set. **DOCUMENTS WILL NOT BE MAILED. PAYMENT FOR DOCUMENTS IS NON-REFUNDABLE.**

The Successful Bidder will be required to furnish an acceptable Performance and Labor Protection bond in the amount of \$50,000 as specified in the most recent Circular No. 570, United States Department of the Treasury, as the Authority may prescribe and with such sureties as they may approve.

All Bidders must be authorized to do business in New Jersey. Any bidder which is a corporation not chartered under the laws of the State of New Jersey, must submit an affidavit certifying that said corporation is authorized to do business in the State of New Jersey.

Bidders are required to comply with the requirements of Public Law 1975, c. 127 which pertains to "Non-Discrimination" and "Affirmative Action", and Public Law 1977, c. 33 which requires a Statement of Corporate Ownership.

LAWRENCE R. JACKSON  
EXECUTIVE DIRECTOR  
MORRISTOWN HOUSING AUTHORITY

8/17/94 8/24/94

## THE HOUSING AUTHORITY OF PLAINFIELD

The Housing Authority of Plainfield is requesting proposals from qualified independent Auditors (IA) licensed in the State of New Jersey, to perform a comprehensive financial audit for the 12 month period ended December 31, 1993, for its Supplemental Fund in compliance with the Single Audit Act of 1984. Independent Auditors must submit proposals for both audit and consulting services with the single Audit Act of 1984. Any qualified independent Auditor interested, please contact Mr. Ismael Reyes, Controller, at the Housing Authority of Plainfield, c/o telephone number (908) 755-5555. The deadline for proposals and sealed bids is 5:00 P.M. on Friday, August 19, 1994, at the Housing Authority of Plainfield, 510 East Front Street, Plainfield, NJ 07060.

Proposals will be evaluated in accordance with the proposal package.

The Authority reserves the right to reject any and all proposals submitted, and to waive any informalities thereto, and to request additional information from all proposers.

The Housing Authority of Plainfield is an equal opportunity contractor.

8/03/94

RICHARD D. FOX  
EXECUTIVE DIRECTOR

## THE HOUSING AUTHORITY OF PLAINFIELD

The Housing Authority of Plainfield is requesting proposals from qualified independent Auditors (IA) licensed in the State of New Jersey, to perform a comprehensive financial audit for the 12 month period ended December 31, 1993, for its Supplemental Fund in compliance with the single Audit Act of 1984. Any qualified independent Auditor interested, please contact Mr. Ismael Reyes, Controller, at the Housing Authority of Plainfield, c/o telephone number (908) 755-5555. The deadline for proposals and sealed bids is 5:00 P.M. on Friday, August 19, 1994, at the Housing Authority of Plainfield, 510 East Front Street, Plainfield, NJ 07060.

Proposals will be evaluated in accordance with the proposal package.

The Authority reserves the right to reject any and all proposals submitted, and to waive any informalities thereto, and to request additional information from all proposers.

The Housing Authority of Plainfield is an equal opportunity contractor.

8/03/94

RICHARD D. FOX  
EXECUTIVE DIRECTOR

## FAX Your Bids & Classifieds to City News 908-753-1036

## HELP WANTED

## HELP WANTED

## HELP WANTED

### DIRECTOR OF FINANCE FACULTY PRACTICE PLAN

The Robert Wood Johnson Medical School at UMDNJ, New Jersey's University of the Health Sciences, seeks a private professional to join its 300 multiplicity physician group Faculty Practice Plan.

The Director of Finance is responsible for the overall financial planning, reporting, operations & auditing of the Faculty Practice Plan. Bachelor's degree in Finance, Accounting, or Health Care Administration, or the equivalent in education and/or experience (Master's degree preferred). Six years of health care administration experience, preferably in a medical group practice setting. Two years of hands-on auditing experience. Must possess excellent verbal and written communication skills.

We offer a competitive salary and comprehensive benefits. For consideration, please send resume by 9/29/94 to: Ms. Milla C. Gendrano, Human Resources Dept., University of Medicine and Dentistry of New Jersey, 65 Knightland Road, CN 6810, Piscataway, NJ 08855-6810. The UMDNJ is an Affirmative Action/Equal Opportunity Employer, m/f/h/v, and a member of the University Health Systems of New Jersey.



## ADVERTISING SALES..RADIO

Radio advertising sales for major area radio station, New Jersey area. Resident with minimum 2 years radio sales experience a must. Experience dealing with agencies and direct retail in New Jersey with an emphasis on new business development. Need aggressive hard-hitter who knows the geography with proven advertising sales ability. Please send resume to: WPAT RADIO, 1396 Broad Street, Clifton, New Jersey, 07013. Equal Opportunity Employer.

## COMCAST

## PT/FT

Comcast Cablevision seeks qualified Customer Service Representative. Knowledge of Cable, Data and Cable Industry a plus. Must have excellent phone skills. Will train the right individual. Rotating shift. Excellent benefits. Interested parties may send resume to: Comcast Cablevision 171 River Road North Arlington, N.J. 07031 E.E.O. M/F/H/V

The Town of Harrison announces the acceptance of applications for recreation aides. Seasonal, non-competitive, less than 20 hours per week, ages 18-45, in good health, \$10.00 per hour. Applications may be obtained from the Harrison Town Hall, 318 Harrison Ave., Harrison, N.J., beginning August 8-12, 1994 and August 15-19, 1994, between the hours of 9 a.m.-4 p.m. All applications must be filed at the Town Hall no later than August 19, 1994.

## CSR AD FOR JOB OPENING

CUSTOMER SERVICE REPRESENTATIVE: CABLE TV: Full-time, exp. CSR w/prior CRT exp. and able to work evenings/weekends a must. Heavy phone work; answering all inquiries. Processing payments; money handling exp. preferred. Must enjoy working with the public, have strong problem solving skills and able to work under pressure with minimal supervision. Salary commensurate with exp., prefer prior CATV exp. on Cable Data Systems. No phone calls-apply in person at Jones Interactable, c/o Black Horse Pike & Cable TV Lane, Turnersville, NJ. Equal Opportunity Employer.

## HELP WANTED

Help Wanted: Earn up to \$500 per week assembling products at home. No experience a must. Info 1-504-646-1700 DEPT. NJ-6155

## City News

classifieds work!

## Ormont Plaza opens

(Continued from page 1)

numbers, we've got to look at people and we've got to look at city habits. This project encompasses all of that and I'm proud, real proud to be a part of it."

According to Mark Scotland, the project has created 40 plus jobs for city residents and could not have been possible without public/private partnership.

"Without the assistance from the

Economic Development Authority, the Urban Development Corp., for financing, this project would have been nearly impossible," stated Mark Scotland, who went on to describe his relationship with First Fidelity Bank. "I would describe my relationship with First Fidelity Bank as relative to weather terms 'partly sunny with scattered thunderstorms.'"

"But without question First Fidelity

was and still is a vital component of this project and certainly a necessary partner. And our relationship certainly improved when some of the decision makers actually came to the site and shared the vision and potential of this particular development."

At the end of the ceremony, the City of East Orange, First Fidelity Bank and state officials presented the Onyx Group with a check for \$552,040.

## Giblin, Cooper battle

(Continued from page 1)

Casiano said he was not present when the machine was reopened the second time and that he thought they opened the wrong machine. However, he said that he men reassured him that it was the right machine.

When Humphreys asked him to speculate on what might have happened, Casiano said, "I believe we just missed them the first time around. We didn't open them (the bundles) and we just missed them." He concluded that there was no other way it could have been done.

Under questioning by Douglas Eakley, a lawyer representing Cooper, Casiano said that there is no way that anyone could get into his warehouse to stuff the ballots in the Livingston machine. However, Giblin's attorney Dennis Oury forced him to admit that it was possible to

slide ballots into the top slot of the ballot box.

The state report found similar indications as Casiano. Investigators said, "Apparently a quick look at the box would have led someone to believe that the no ballots were used since the used ballots were folded and bunched in a manner which made them look like unused ballots."

"Moreover, there were no used ballot envelopes in the emergency box on June 9 since they had been improperly discarded," the report concluded.

Green later took the stand and admitted to mismanaging the ballots but could not remember how she specifically placed the used ballots in a bundle with the unused ones.

She said that on election night, the one machine at the Livingston

station broke down and she called Casiano for assistance. Later, she asked him for emergency ballots which came escorted by state police. She said that after the polls closed that night, she counted 30 ballots of which 15 were unused, 14 were used by voters and one she used herself to tally the votes. Of the 14 that were used by voters, eight went for Cooper, four for Giblin, two for Cohen and one abstained from voting.

The 15 ballots are among 38 paper ballots which were discarded by the board of elections in the Essex County Executive race. The Cooper camp said that voters' rights are being violated and that the ballots should be counted since the rejection was done improperly. If the paper ballots were to be included, Cooper would win the election by 13 votes.

## Newark Board president responds

(Continued from page 1)

their objective "as to find a better avenue for our students, they would have done it by way of curriculum 25 years ago."

"If they had developed expertise yesterday, I think that yesterday they should have brought them to the Newark school system," she added.

Williams cited she, along with Superintendent Eugene Campbell, had submitted to the Governor and the State Board of Education a better plan calling for ambitious goals of mastering calculus, two languages and being able to write a 25-page paper but has received no response.

She plans to launch a series of community meetings to help educate parents because she feels that they are making decisions based on a lot of misinformation. Williams claims that a State takeover does not mean that Newark students will be better off,

"Parents don't know that the State does not have a plan that includes parental input or rules and regulations in regards to tenure or the handling of contracts," she said. "They need to see the track record in Jersey City and in Paterson," she continued.

On a more personal front, Williams notes that the matter has taken a toll on her physical health. "I came to this office a healthy woman, today, I have to inject myself with insulin shots for diabetes. My doctor says that the situation has increased my stress level," she said in reference to her non-salaried position.

She also said that one of the hardest parts was dealing with her young children, all products of the Newark school district. They read the papers and see the allegations against her and the rest of the Board. "The one thing they cannot understand is why someone would someone say some-

thing that is not true. They know who I am and what I represent. Their love and support is very important to me."

Last month, Education Commissioner Leo Klagholz announced the possible takeover and asked the Newark Board of Education to show cause as to why it should not come under State control following a CCI report which alleged gross fiscal mismanagement and physical neglect by school officials. According to the report, the Newark school system consists of two worlds: the world of the schools themselves with inequitable distribution of the basic resources and the world of the comfortable offices detached from the reality of the schools. It also said that the activities of the central offices accomplished little of value and drained needed resources from students. The Board has until August 24 to respond.



**Award-winning...  
Provocative...  
And  
on target.**

Tune-in every Wednesday  
evening at 8:30 p.m.  
and Saturdays at 3 p.m.

Host/Producer  
Jerry Henry



**Another  
New**

The Public Affairs Program for the African American Community



THE NEW JERSEY CHANNEL

Channels 23/50/52/58 • All New Jersey cable systems • 609-777-5000

Tune-in SATURDAYS AT 1:30 a.m. to NJN RADIO 60.1 FM serving central and southern New Jersey

# New! Pay interest only\* and cut your payments.

## Our new Home Equity Credit Line gives you choices.

Now you can lower your monthly payments on our Home Equity Credit Line by paying just interest only and deferring principal payments. Or, if you prefer, make a payment of principal plus interest. You can even vary your payments from month to month. With a United Jersey® Home Equity Credit Line, the choice you make is up to you — for a full ten years. Just look at the chart to see how much you can reduce your monthly payments by paying interest only. What's more, the interest may be tax deductible — ask your tax advisor. And you won't have to start repaying a penny of

principal until the tenth anniversary of your loan.  
Now that's flexibility!



Borrow from \$5,000 to \$250,000† for tuition, emergency home repairs, debt consolidation, unexpected expenses — the money's there when you need it. Your low introductory rate for the first 12 months of your loan will be

The Prime Rate as published in *The Wall Street Journal* on the first business day of each month, minus .25%. This rate may adjust monthly. After the introductory period, your rate will be adjusted monthly to be the Prime Rate plus 1.85%. Your rate can never go up (based on the fully indexed rate) more than 2% annually, or 6% over the life of your loan. And there are no points, application fees or closing costs.

Take advantage of our flexible new way to borrow. Visit any of our 183 United Jersey® branches throughout New Jersey, apply by phone or request an application by calling

**1-800-282-BANK**

\*Interest only payments for the first 10 years of a 30-year term and principal and interest payments for remaining 20 years. †Loans over \$250,000 may incur additional costs. Offer may be withdrawn at any time and applies to owner occupied 1-4 family New Jersey principal residences, condominiums and townhouses only. You must carry insurance on the property that secures the home equity plan you choose.



Member FDIC. Equal Opportunity Lender. Member of UJB Financial Corp., a financial services organization with over \$14 billion in assets.

TOTAL LOAN AMOUNT	MONTHLY PAYMENT		MONTHLY DIFFERENCE
	Regular Equity Line Principal & Interest	New Equity Line Interest Only	
\$25,000	\$248	\$144	\$104
\$50,000	\$496	\$288	\$208

Based on a variable introductory APR which for August was 7%

For a \$25,000 loan at the end of the 10th year, your principal balance on the New Equity Line will be \$25,000, your principal balance on the Regular Equity Line will be \$15,270. For a \$50,000 loan at the end of the 10th year, your principal balance on the New Equity Line will be \$50,000, your principal balance on the Regular Equity Line will be \$30,540. Principal and interest payment based on a 1/240th monthly principal payment. Interest only payment based on the first ten years of up to a 30-year term.



**UNITED  
JERSEY BANK**



A SUPPLEMENT OF CITY NEWS PUBLISHING COMPANY

# HEARTBEAT

YOUR GUIDE TO HEALTHY LIVING

AUGUST 1994



## Kid's health

Bulk Rate  
U.S. Postage  
PAID  
Plainfield, NJ 07060  
Permit #119

## HEALTH CALENDAR

### EVERY SATURDAY

**WEST ORANGE**—The Northern NJ Chapter of the National Multiple Sclerosis Society, sponsors a free swim program at Kessler Institute for Rehabilitation, 9:30 -11:30 a.m. For more information, contact Carol or Laurie at 201-984-6667.

### EVERY TUESDAY

**IRVINGTON**—Free WIC & Lead Testing, 9:15 a.m. -10:15 a.m. at the Irvington Health Dept. For pregnant and nursing women from birth to 5 yrs. old, lead poisoning and anemic children. Blood Tests are free, walk-ins are welcomed.

### EVERY TUESDAY AND THURSDAY

**IRVINGTON**—Free Baby Clinic; Afternoon's. Held at the Irvington General Hospital for newborns to 5 yrs. old. **YOU MUST CALL FOR AN APPOINTMENT** 201-399-6652

### MONDAY THROUGH SATURDAY

**NEWARK**—Free confidential AIDS counseling and testing, Mon.-Fri. 9-6 p.m. Sat. 9-4 p.m. Newark Community Health Centers. Call 201-565-0355 for appointment, or Plainfield Health Center at 908-753-6401.

### EVERY FOURTH MONDAY

**WEST ORANGE**—Kessler Institute for Rehabilitation offers a Multiple Sclerosis Clinic from 9 a.m. to 12 noon. Contact Michelle Lazzarotti 201 731-3900 ext. 304.

**ELIZABETH**—The Elizabeth Center for Planned Parenthood of Greater Northern New Jersey is offering a low-cost cancer screening for women over 40 from 9 a.m. to 2 p.m. They provide pap test, cervical and breast exam and blood pressure check. Appointments only, call 908-351-5384.

**MONTCLAIR**—Volunteers are being sought for a community education program sponsored by the Mental Health Association in NJ. For info contact Sharon Kolker director of Community Education at 201-744-2500.

**WHIPPANY**—The Lyme Care Center announces the new opening of its information library on Lyme disease. For more info call 1-800-TICK-BITE.

### MONDAYS, WEDNESDAYS AND THURSDAYS

**NEWARK**—United Hospitals Medical Center will have adult evening clinics from 4:00 p.m. to 7:00 p.m. For more info, call 201 268-8110.

### TUESDAYS, THRU AUGUST

**LIVINGSTON**—The N.J. Eating Disorder Helpline will hold free self-help group for persons with anorexia nervosa, bulimia, and compulsive eating problems. The group will meet from 6 p.m. to 7 p.m. To register call 1 800-624-2268

### THURSDAYS

**IRVINGTON**—Irvington General Hospital offers free STD treatment. If you think you or your partner may be infected call 201-399-6124 for an immediately appointment.

**TRENTON**—The New Jersey Library for the Blind and Handicapped has catalogs for the visually and physically impaired. For more info, call 1-800-792-8322.

### WEDNESDAY, AUGUST 17

**NEWARK**—United Hospitals Medical Center will be sponsoring a two-hour stress management seminar directed at healthcare professionals entitled, "The Laughter Remedy: Using Humor to Cope with Stress," featuring Paul E. McGhee, Ph.D. For more information

and to register for the program call 201-268-2528.

**PLAINFIELD**—The Plainfield Health Center invites the public to its Back-to-School Immunization Day for children from 1:00 to 7:00 p.m. at the fourth street location. For more info, call 908-753-6401.

### THURSDAY, AUGUST 18

**PLAINFIELD**—Ground breaking ceremonies will be held at the site of the new Plainfield Health Center at Myrtle and Rock Avenues.

### SATURDAY AUGUST 20

**NEWARK**—United Hospitals Medical Center and its Children's Hospital of New Jersey will offer free health screenings and information at the Newark Festival of People. For more info, call 201 268-8022.

### WEEK OF AUGUST 21

**National Exercise for Life Week**, contact National Exercise for Life Institute, P.O. Box 2000, Excelsior, MN 55331-9967 or call Julie Wohlford at 800-358-3636.

### TUESDAY, AUGUST 23

**IRVINGTON**—Irvington General Hospital encourages all female residents 18 and over to have annual breast exams. If you have not had a breast exam or pap smear in the last year please contact 201-399-6652 for an appointment.

### WEDNESDAY AUGUST 29

**NEWARK**—There will be a cancer support group meeting at United Hospital Medical Center at 1:00 p.m. For more info call 201 268-8130.

### MONDAY AUGUST 29

**ELIZABETH**—The Elizabeth Center of Planned Parenthood of Greater Northern New Jersey is offering a low cost cancer screening for women over 40 from 10:00 a.m. to 2:00 p.m. For more info, 908 351-5384.

**NEWARK**—United Hospitals Medical Center will hold a diabetes support group session at 5:00 p.m. For more info, call 201 268-8130.

### SEPTEMBER 1994

**National Sickle Cell Month**. Contact the National Association for Sickle Cell Disease, 3345 Wilshire Boulevard, Suite 1106, Los Angeles, CA 90010-1880 or call 800-421-8453 or call your local chapter.

**Children's Eye and Health Safety Month**. Contact the Marketing Department and the National Society to Prevent Blindness, 500 East Remington Road, Schaumburg, IL 60173 at 800-331-2020.

**Leukemia Society Month** Contact the Leukemia Society of America, 600 Third Avenue, New York, NY 10016 or call 212-573-8484 or call your local chapter.

### THURSDAY SEPTEMBER 1

**BELLE MEADE**—"Update on New Developments in Anti-depressant Pharmacology" will be presented in the Atkinson Amphitheater at Carrier Foundation from noon to 1:00 p.m. For more info, call 908 281-1607.

### TUESDAYS BEGINNING SEPTEMBER 13

**MILLBURN**—Cancer Care of NJ is sponsoring four support groups at it's main office at 241 Millburn Ave. For more info, contact 201 379-7500.

## CONTENTS

### Features

KidCare Van, a mother's best friend .....	4
Hospital nurse receives Level II approval .....	5
Child care & self-care tips .....	6
Building a healthier tomorrow .....	10

### Departments

#### HB Kids

Child Life Therapy, a healthy alternative .....	4
Protecting your child from lead poisoning .....	6
Hospital Center offers pediatrics clinic .....	4
Solutions for common childhood ailments .....	8

#### HB Nutrition

How do I know if my child eats enough .....	8
Heart smart eating ideas for the whole family .....	8

#### HB Health

SIDS: a major killer of infants .....	9
---------------------------------------	---

#### HB Discovery

Turning on to the power of ideas .....	10
--	----

<b>Pulse</b> .....	11
--------------------	----

The Black Family Dinner Quilt Cookbook  
Annual nursing recognition awards  
A taste of Orange health festival  
HCO donates medical supplies

Health calendar .....	2
Healthbriefs .....	3
Surviving the summer heatwave .....	3

#### Publisher

Henry Johnson, Ph.D.

#### Managing Editor

Jan M. Edgenton Johnson

#### Assistant Editor & Layout Design

Sandra Wright

#### Editorial Assistant

Jeremee Johnson, Sherry Burrus

#### Director of Advertising Sales

Lorraine Davis Hickman

City News HeartBeat is published monthly by City News Publishing Company, PO Box 1774, 144 North Avenue, Plainfield, NJ 07060. The publisher reserves the right to delete objectionable words or phrases and to reject any advertising. This publication, in whole or parts thereof, may not be reproduced in any form whatsoever without the expressed written permission of the Publisher. City News assumes no responsibility for unsolicited manuscripts, art or photographs. No material submitted can be returned without a stamped, self-addressed envelope.

Copyright 1994 City News Publishing Company. All rights reserved.

Telephone (908) 754-3400

FAX (908) 753-1036

## HEALTH BRIEFS

### UMDNJ receives grant to stamp out alcohol and substance abuse

University of Medicine and Dentistry of New Jersey received a grant for \$106,953 from the US Department of Education for a program designed to rid alcohol and substance abuse problems on campus. The program will build on the University's already established Center for Student Mental Health Services and will emphasize such activities as stress management counseling, student peer support groups, a wellness program.—NEWARK

### Scientists study new approaches to drug abuse

Scientists are exploring new approaches to the study of drug abuse, focusing on how nicotine addiction develops in the brain. Research indicates the nicotine binding sites in the brain are about double the number in smokers as in non-smokers. According to Dr. James Patrick, a neuroscientist at Baylor College of Medicine, the number of lives lost to nicotine addiction is about 10 times greater than the number of people who die as a direct consequence of all other kinds of drug abuse.—HOUSTON

### Children lack private health insurance

According to a new publication released by the Department of Health and Human Services, about one-third of American children do not have private health insurance. Secretary Donna E. Shalala points out that more and more families, getting off welfare or taking a better job means losing health care for their kids. Approximately 9 million children age 18 and under were without any insurance in 1992 and 15.6 million received coverage from public assistance programs, primarily Medicare.—WASHINGTON, DC

### Treatment available for neck spasms

Botulinum toxin injections, a bacterial toxin, are being used to lessen neck spasms at Baylor College of Medicine. Produced by the bacteria Clostridium Botulinum, the toxin paralyzes the muscle by blocking the nerve impulse to the muscle. According to Dr. Joseph Janovic, director of the Movement Disorders Clinic at Baylor. The medication would be poisonous if taken by mouth. However, when injected into the affected muscle, lessens the severity of the spasm. After injection, the muscle spasms improve within three to four days.—HOUSTON

### New agency to manage food inspection techniques

N.J. Senator Bill Bradley (D) announced new legislation overhauling the nation's food inspection system. The bill transfers authority for meat, poultry and egg inspection from the Department of Agriculture to the newly created independent agency, which would research and update inspection practices. The bill also establishes a national safe cooking temperature. Restaurants and other commercial food services would have to comply with strict guidelines to ensure that any bacteria found in raw meat would be eliminated during cooking. The National Institutes of Health and the Centers for Disease Control would play bigger roles in monitoring food-borne illness in an effort to develop better treatment guidelines.—WASHINGTON

### Child abuse prevention awards announced

The New Jersey Children's Trust Fund...To Prevent Child Abuse recently awarded its 1994-95 grants to 33 agencies across the state. The grants totaled \$555,514, and were awarded to agencies selected from 168 applicants. The grants are awarded to programs designed for children who have a high risk of being abused or neglected and to educational programs for the general public.—TRENTON

# Surviving the Summer heat wave



Physicians at United Hospitals Medical Center and its Children's Hospital of New Jersey Division warn residents to take certain precautions to ensure their health during the humid temperatures, which hit New Jersey early this summer.

Staying out of the hot sun and limiting activity outdoors is recommended by Dr. Adewale Troutman.

"It's important that people stay in air conditioned areas, if possible, and limit all strenuous activity. It's also important to drink a lot of fluids in order to avoid dehydration," said Dr. Troutman. A patient was recently


admitted to United Hospitals for dehydration after moving heavy equipment during the heat.

Parents with infants should also be particularly concerned about the heat, as babies are especially at risk for running elevated body temperatures.

Infants for the most part are immobile, and parents should not overdress them when putting them down for a nap. They should also be supplied with plenty of fluids, but not plain water, which can cause seizures in infants if given in large quantities. Pedialyte, a clear beverage for infants which comes flavored or unflavored, replenishes vital minerals such as potassium and magnesium.

It is recommended that asthma sufferers and those with other respiratory ailments stay indoors as well.


*Adewale Troutman, MD, is director of adult emergency services at United Hospitals Medical Center.*



Advertise your activities for  
**Minority Health Month**  
in the September issue of  
**HEARTBEAT**  
*Your guide to healthy living*

The September issue of  
**HEARTBEAT** examines the  
progress and needs in  
**Minority Health Care**  
in New Jersey's  
urban communities

Advertising closes on August 29, 1994  
Copy due September 1, 1994  
Call 908-754-3400  
Our advertising representatives will be happy to assist you



## Cover Photo

**Gifted Graduates:** Proudly showing off T-shirts they designed to wear during their graduation from the Cisco A. Carter Gifted Children's Program are left to right, 6-year-old Stephen Young, of Newark; 5-year-old Sterling Pennix also of Newark; 4-year-old Quimari Majette of Vailsburg; and 5-year-old Darion Dean of East Orange. The boys were among 27 youngsters who graduated from the community outreach project at the Newark campus of the University of Medicine and Dentistry of New Jersey. The program helps children who have been identified as gifted to develop skills in abstract thinking and problem solving and is under the direction of the Institute for the Study of Child Development.



## HB KIDS

# KidCare Van, a mother's best friend

Add another couple of items to your children's "back-to-school" list. Along with the new lunch box, the backpack, the pencils and art supplies, make sure you add physical exams and immunizations—which are, unlike school supplies, required by law.

If you live in StellaWright, Hayes Homes, Baxter Terrace, or Hill Manor, in Newark, there is a convenient way of taking care of these important requirements. In fact, the answer to your problems may already be driving up to your front door in the form of the Newark Children's Health Project's KidCare Van.

The KidCare Van is a traveling doctor's office on wheels that can bring comprehensive health care to your children from birth to 17 years.

The Newark Children's Health Project is a program sponsored by UMDNJ-University Hospital and the KidCare Van is staffed by hospital personnel. The onboard staff, including physician, pediatric nurse practitioner, registered nurse, registration clerk, and driver, can give physical exams, treat illness and injuries, provide follow-up care, make referrals to specialists, answer health-related questions and provide educational materials, and a full range of immunizations for your child.

The mission of the KidCare Van is to be a private practice on wheels, making sure that all children in the community have access to the regular care they need to treat their illnesses and prevent future health care problems. One of the important concepts behind the Van is that no one is turned away. Fees

operate, on a sliding scale, depending upon what patients can afford. Medicaid is also accepted.

Nothing is more critical to early preventive care for your child than immunizations against serious diseases. Immunizations protect your child by preparing his or her immune system to protect against diseases when your child comes into contact with them. Immunizations are grouped together for various diseases, and are required at regular intervals early in your child's life.

DPT - Diphtheria, Pertussis, and Tetanus

wondering just how important these vaccinations are, consider how lethal these diseases can be if your child actually contracts them.

**Diphtheria** is a bacterial respiratory infection which can stop breathing, cause paralysis, and heart failure, and kills one of ten who contracts it.

**Tetanus**, a bacterial infection which causes paralysis of the mouth and throat and severe muscular convulsions, kills three out of ten.

**Pertussis, or Whooping Cough**, is highly contagious, causes spells of coughing

and 15 months of age.

**HBV Hepatitis B** is a permanent viral infection of the liver which can result in severe and long-term liver disease and liver cancer and poses a threat throughout a person's life. An infected person becomes a "chronic carrier" of the virus and can pass it on to others over a lifetime.

Certain groups of children are more at risk because they or their parents come from countries where HBV is much more common than in the U.S., such as Asia, Africa, South America, the South Pacific, and Eastern and Southern Europe.

All children should be vaccinated, however, as HBV is a transmittable disease. The schedule of HBV vaccinations differs slightly depending upon whether or not the mother is a carrier for HBV.

For infants born to infected women or women who are HBV carriers, the first dose should be given within twelve hours of birth, followed by doses at 1 and 6 months. Infants born to non-infected women should receive doses at 1, 4, and 6-18 months.

Equally important as immunizations are regular physical exams that start at birth. For example, Dr. Garbarino of UMDNJ recommends the following schedule of physical exams: from **birth to 2 years**, the child should be seen **once every three months**; from **2 to 7 years** the child should be seen **yearly**; and from **7 to 18 years**, **once every two years**.

During routine physical exams, the KidCare Van doctor and staff check thoroughly for the appropriate developmental milestones, and the beginnings of potential health problems. Screenings are provided for vision, hearing, dental and orthopedic problems, TB exposure and heart murmurs. The child's growth is compared against the appropriate charts.

Blood is drawn and tested for Anemia, Sickle Cell Anemia and lead exposure. The child's emotional and physical development is also checked. For example, is the 6-month old child sitting up? Is the one-year-old walking? Is the three-year-old coordinated enough to kick a ball? Finally, the development of social behavior is assessed. Is the child adapting to toilet training? Is he or she throwing too many temper tantrums?

Keeping track of a child's development should mean regular visits to the same health care professionals. This goes to the heart of one of the KidCare Van's most important missions—continuity of care. "Most of our patients have been with us for the four years we have been operating," said Debbie Garcia, the registration clerk. "We've become their regular doctor."

Continuity of care translates into better health care throughout a patient's life. As explained by Dr. Garbarino, "establishing a relationship between a family and a health care team is going to result in a better quality of care for child. We get to know the child, and through taking histories we get to know the family's particular health care profile. Put the individual and the family together, and we can look into the future and anticipate problems such as heart disease or diabetes and try to prevent them before they become serious."

For more information about the KidCare Van service, please call 201 259-KIDS (5437).



are grouped together into one shot that should be given at 2, 4, 6, and 15 months, and before school entry at 4-6 years. Just in case you were

and choking, and is especially dangerous to babies less than 1 year old.

**MMR—Measles, Mumps and Rubella** are grouped together as one shot which is usually given twice: Once at 15 months and again before school entry at 4-6 years.

**Measles** is a viral infection that causes high fever and a rash, and lasts for 1-2 weeks. Measles is particularly dangerous to infants or adults, and in severe infections can cause convulsions, hearing loss, and brain damage.

**Mumps** is a highly-contagious viral infection which causes fever, headache, and swollen, painful glands under the jaw. More serious infections can cause hearing loss and brain swelling.

**Rubella**, also known as **German Measles**, is a mild disease which causes mild fever, swollen glands, and a rash that lasts up to 3 days. What is very serious about Rubella is its effect on pregnant women and their fetuses. Pregnant women who contract Rubella have more than 50 percent chance of giving birth to a baby with heart disease, blindness or deafness, and other developmental disorders. The importance of the rubella vaccine is to prevent children from catching it and passing it on to pregnant women.

**Polio** is a viral infection that often leads to disabling muscle paralysis in the arms or legs and also death. While polio is extremely rare in the United States, there are thousands of cases in other countries, which means that your child should be vaccinated against the disease, should someone bring it into the country. Your child should have polio vaccinations at 2, 4, and 15 months, as well as before school entry at 4-6 years.

**HB - Haemophilus Influenzae** Type B is a bacterial infection that can cause meningitis, an extremely serious inflammation of the brain's covering that kills 1 in 20 children who have it and brain damages 1 in 4. Children should receive vaccinations at 2, 4, 6,

television and VCR available for those who want to watch the latest movies.

Children are introduced to the child life program even before they are actually admitted into the hospital. Every Tuesday afternoon patients undergoing pre-admission testing get an insider's view of the hospital through a video presentation and medical play.

"We bring masks, gloves, band aids, syringes and alcohol so that the children will know what to expect once they come into the hospital," said Rothman.

The department also offers special programs for the children. A representative from the Newark museum provides hands-on science projects for patients. The Newark fire and police departments have also made presentations to the children regarding safety.

A new program currently underway is pet therapy. According to Rothman, trained dogs will visit the children, so that they can pet them and play with them.

"For children like John Weidman it helps make a difficult time, less difficult. Even when these children do go home, they aren't able to do anything special because they're too sick."

The child life department's pre-operation program is available to any child scheduled to undergo surgery at Children's Hospital.

For more information contact Carol Rothman at 201-268-5322.

## Child Life Therapy: a healthy alternative for hospitalized children

For eleven year old John Weidmann, a seriously ill patient who has spent most of his life in United Hospitals' Children's Hospital of New Jersey, the child life program at the hospital gives him the opportunity to experience pleasures that he couldn't otherwise because of his illness.

"Patient's like John who are in the hospital all of the time aren't able to see what goes on in the world, so we try to bring the world to them," says Carol Rothman, director of child life at children's Hospital.

The child life department, a program exclusive to children's hospitals, works with patients to help allay their fears and entertain them during what is usually a very frightening time. The department consists of child life therapists who use medical play and other interactive techniques with children to help them relax and feel at ease during their hospitalization.

In the play room, children are entertained with dolls, Nintendo and Sega Genesis games and other computerized toys.

"We have toy medical equipment that includes blood pressure cuffs, IV bags and even syringes," said Rothman. "It is amazing to see how the children can put an IV unit together or take a doll's blood pressure in exactly the same manner as the nurse or doctor."

Patients can also engage in finger painting and building blocks, and there is also a

# Hospital nursery receives Level II approval

Columbus Hospital's new Nursery, located in the recently opened Luciano Pavarotti Pavilion, received State approval as a Level II Nursery. Level II means that Columbus Hospital can treat infants with special medical needs, who previously would have been transferred to a regional facility.

The new unit has a twenty-bed nursery as well as a six-bed special care nursery, where infants with special needs will be cared for. Those that need extended care include babies in respiratory distress, babies born prematurely or with a low birth weight, or any infant who requires cardio-respiratory monitoring.

"Some of the services we are able to offer to our special care babies are antibiotic therapy, intravenous therapy, ventilator care, and oxygen therapy," says Dr. Arminia Zarzuela, Director of the Nursery. Dr. Zarzuela oversees the neo-natology services at Columbus Hospital and has played a big part in the development, upgrade, and expansion of these services.

"However, the fact that we can give these babies the necessary medical care is just one aspect of the benefits of being a Level II Nursery. The doctors benefit because they don't worry about having to transfer a patient because of premature labor, or about having to separate a mother from her newborn because the newborn has to be transferred to a tertiary care setting," adds Dr. Zarzuela. "This same aspect benefits the patients, who, of course does not want to be separated from her newborn. We rarely have to do any transferring of newborns now, so mothers can spend time bonding with their babies, even if they are in special care."

The Special Care Nursery's isolettes (a type of incubator), are designed with portholes

so mothers can put their hands through them and touch their babies, rather than just view them. There is also a private room adjacent to the Special Care Nursery allowing mothers to breast feed when the babies are removed from the ventilator.

"We encourage practices that are not only medically healthy for mother and baby, but are psychologically and emotionally healthy as well; practices that promote intimacy and

bonding," says Dr. Zarzuela.

"We encourage breast feeding by initiating learning within four to eight hours of admission," states Evelyn Salazar, R.N., Head Nurse in the Nursery.

"The Nursery staff teaches infant care and breast feeding and coordinates with the Maternal/Child Health Unit's Patient Educator to assure that mothers are prepared to handle their newborns when they go home.

"We also encourage bonding time and rooming-in, which allows the babies to spend most of the day in their mother's room, sometimes the night at the mother's request," says Mrs. Salazar."

Positive interaction has to start early, and we encourage the fathers and significant others to participate in this interaction. We are very family-oriented in our approach to infant care

(Continued on page 10)

## Hands-On Care.



## THE LUCIANO PAVAROTTI PAVILION'S NEW NURSERY AND MATERNITY UNIT

AT COLUMBUS HOSPITAL, WE KNOW WHAT MATTERS TO YOU. WE KNOW YOU VALUE SPENDING QUALITY TIME WITH YOUR NEWBORN BABY. AND, WE KNOW THE KIND OF PERSONALIZED ATTENTION YOU WANT YOUR BABY TO RECEIVE WHEN HE OR SHE IS NOT WITH YOU.

Our post-partum area integrates our new Nursery and Maternity Unit so there is easy access for 24-hour in-room bonding at the mother's request. Our 20-bed Special Care Nursery, for newborns with special medical needs, is equipped with 24-hour neonatology and pediatric coverage. More importantly, it is staffed by highly qualified professionals who are committed to giving each new life hands-on care — only a mother could be more loving.

FOR MORE INFORMATION OR TO ARRANGE A TOUR, CALL US AT:

(201) 268-1452

**COLUMBUS**  
Hospital

SERVING THE HEALTH CARE NEEDS OF NORTH ESSEX

495 North 13th Street, Newark/Bloomfield, NJ 07107-1397

## Hospital Center offers pediatrics clinic for Children's medical care

Hospital Center at Orange announces the introduction of a pediatrics clinic within its existing HealthStart clinic program. Health services are available to children of all ages who live in the Hospital's service area of the Oranges and Maplewood.

The clinic provides a full range of preventive care services and immunizations as well as access to treatment of illnesses.

According to Dr. Gertrude Brundage, chairman of the department of Pediatrics.

"The clinic has been designed to extend the Hospital's medical services for the community to promote well baby care and provide routine exams, immunizations, screenings and referral for treatment of lead poisoning," Dr. Brundage said.

The clinic also offers education for parents on nutrition, safety and child developmental issues.

Medical services available through the pediatrics clinic are provided by the Hospital's staff pediatricians. Emergency treatment of illness and injuries is available through the Hospital's emergency room.

Pediatrics clinic staff also includes specially prepared nurses, a dietitian, social worker and translators for Spanish and Haitian speaking patients. Services are available to patients from all income levels on a sliding fee scale basis. Medicaid patients are welcome.

## Evaluating Child-Care

Your child's school day ends by 3:00 p.m., but your work day isn't over until 5:00 p.m. How will your child be cared for between the time he or she leaves school and the time you get home?

Many parents wrestle with that question when their kids have started school and outgrown the traditional preschool day-care program. Choices include: changing the work schedule so one parent can be home when the child returns from school; hiring a friend, neighbor, or relative to care for the child in the home; arranging with neighbors to have the child go to their home after school; and selecting an after-school program at a licensed child-care facility.

As more parents face this situation, a growing number of afterschool programs have been established in traditional day care centers, family day-care homes, park districts, schools, non-profit organizations and even by employers themselves.

### CHILD-CARE CHECKLIST

- |   | Yes                      | No                       |
|---|--------------------------|--------------------------|
| Are both indoor and outdoor areas pleasant and safe?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Are children supervised by sight at all times?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Are bathrooms nearby?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Are there written health, safety and emergency rules?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the staff qualified in school-age child care?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Are there enough adults for the number of children in the program?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Does the staff talk to children often and in a friendly, helpful way?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there a procedure to provide reports to parents on their children?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Are children relaxed and happy while they play?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Are there fun and exciting activities to choose from each day?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Are there enough equipment and materials to make the play areas interesting?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there enough space for children to play in groups or individually?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there an area set aside for quiet activities?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there a policy of prohibiting the use of physical or other punishment that hurts, frightens, or humiliates children? | <input type="checkbox"/> | <input type="checkbox"/> |
| Are there opportunities for parents to participate from time to time?   | <input type="checkbox"/> | <input type="checkbox"/> |
| Can parents visit at any time?  | <input type="checkbox"/> | <input type="checkbox"/> |
| Are questions and comments from parents encouraged?   | <input type="checkbox"/> | <input type="checkbox"/> |

An after-school program for children five or older should be different from a child-care program for preschoolers. It should allow children greater independence and offer activities that older children will enjoy.

An after-school program even one located in a school building—should not be a continuation of school activities. Children need time after school to relax and to choose what they want to do.

A high-quality, high-interest curriculum will keep children safe and happy after school by providing caring adults, a pleasant physical environment and lots of fun activities that stimulate the mind and body. A good program also allows parents to visit at any time, without an appointment or prior notice.

The following checklist will help you measure the quality of the programs you are considering. Take it along when you visit and check each item.

## Child Care & Is your child ready for self-care?

Your youngster's at that in-between age, too old for caregivers, but has never stayed home alone for extended periods of time. Determining if a child is actually ready for self-care is a challenge for parents. There's no magic age at which every child is capable of caring for him- or herself. As with every other developmental milestone, some children are ready sooner (before age 12) and others later. Parents can use the questions below to assess their child's maturity in the following areas before making a decision:

### PHYSICAL ABILITY

#### Is your child:

- able to lock and unlock the doors and windows of your home?
- perform everyday tasks such as
- fixing a sandwich, dialing the telephone and writing messages?

### MENTAL ABILITY

#### Does your child:

- tell time?

- understand what "stranger"
- and "emergency" mean?
- solve small problems on his or her own, but know when to seek help
- consider how his or her actions affect others?
- know how to call for emergency services?

### EMOTIONAL ABILITY

#### Is your child:

- confident when alone?
- willing to stay alone?
- able to handle fear, loneliness or boredom
- ready to accept responsibilities such as getting ready for school on time?

### SOCIAL ABILITY

#### Does your child:

- solve conflicts with siblings without adult help?
- talk easily to you about his or her feelings?

## Teaching your child the ABCs of self-care

Your child has finally moved beyond after-school care programs and child-care providers and is ready for the next stage: self-care. Help prepare your youngster by teaching him or her basic safety and house rules to build self-confidence and enjoyment of time spent home alone.

Make your instructions clear and simple. Explain one thing at a time and then write it down and post it on the refrigerator or another clearly visible place.

Here are suggestions for a smooth transition to self-care:

**MAKE A V.I.P. LIST:** Provide important names and telephone numbers to call in an emergency.

**DISCUSS ANSWERING THE PHONE:** Prepare a message for the child to deliver to callers when you're not home. For instance, "my mother can't come to the phone right now" instead of "my mother's not home."

**GIVE TIMELY INFORMATION:** Make sure your schedule is well known to your child, including when you'll be home from work.

**REVIEW ENTERING AND EXITING THE HOME:** Supply a set of keys to your youngster and run through how to lock and unlock doors and windows.

**ESTABLISH A CHECK-IN PROCEDURE:** Arrange for your child to call you or a special adult who lives nearby to report that he or she is home safely.

**ANTICIPATE CHANGES:** Plan and practice what to do if school is dismissed unexpectedly or if neighbors aren't home.

**SET UP HOUSE RULES:** Develop a plan for your child regarding friends visiting, boundaries for outside activities (park, library, neighbor's house), length of telephone conversations, and how to resolve conflicts or problems with siblings.

**TEACH APPLIANCE SAFETY:** Instruct your children in the proper use of appliances and designate which ones are safe for them to use when alone.

**PREPARE A TO-DO LIST:** Discuss interesting and acceptable activities for your youngsters to engage in when you're at work and let them choose their favorites, from watching quality TV shows to practicing a musical instrument.

**PROVIDE RESOURCES:** Designate a check-in person who lives nearby to help during an emergency. Provide a first-aid kit with simple instructions, a bad-weather pack with a flashlight and transistor radio, and a list of house rules.

**PLAN A TRIAL PERIOD:** Set a specified period for you and your child to adjust to self-care, allowing you the opportunity to revise or end the arrangement if either of you is uncomfortable.

The key to a successful self-care experience is good communication. Ask your child how he or she feels about staying alone, if a new schedule or different rules are needed. Review procedures often and act out "what if" scenarios as reminders. Continuous review and role playing will help to make your child feel secure.

(Continued on page 7)

## Protecting your child from lead poisoning

One in six children in the United States has high levels of lead in their blood, according to the U.S. Agency for Toxic Substances and Disease Registry. While lead poisoning is a silent threat to all children, it does not differentiate between socioeconomic or geographic borders. All children everywhere can be affected.

If left untreated, lead poisoning in children can cause learning disabilities, decreased growth, hyperactivity, impaired hearing, and brain damage. However, if caught early, medical treatment and reduced exposure to lead contents can be effective in treating lead poisoning.

Lead comes in many forms, including being found in soil and dust, food, waste and even the air we breathe. Once we realize that lead is everywhere, we can begin to initiate a prevention plan.

The following guidelines can be used to keep children lead free.

- Keep areas where children play, as well as

regularly used toys, pacifiers, bottles, and other childhood items, dust free and clean.

- Make sure children do not chew on any items covered with lead paint, and don't burn painted wood. If it contains lead, the lead can transfer into the air a child breathes.
- Have household water tested for possible lead contamination. Many local health departments provide the test for a small fee.
- Never store, heat, or cook food in its original can, which may contain a lead soldered seam. Store food only in non-metal containers.
- Maintain a child's healthy eating habits. Children's stomachs absorb more lead when empty. Food with iron and calcium protect the body and bones against lead.

Prevention is truly the key to keeping children lead free. If parents have any other concerns, whether concerning lead or other poison questions, they can call the N.J. Poison Information and Education System's toll-free hotline at 1-800-962-1253.



# Self-Care Tips

## Teaching your child the ABCs of self-care

(Continued from age 6)

when home alone.

For additional information on child-care programs, send for the complimentary brochures, *Assessing Your Child's Readiness for Self-Care*, *Preparing Your Child for Self-Care* and *Finding Qualified After-School Care* for

Your Child. These brochures were developed as part of Project Home Safety. Send a self-addressed, business-size envelope to Whirlpool HomeLife Network Services, Project Home Safety Brochures, P.O. Box 405, St. Joseph, MI 49085.

## Keeping your child active

Too much television usually means not enough physical exercise or creative activity. Pediatricians recommend limiting TV time to no more than one or two hours per day. Encourage children to do other activities instead of watching TV. Here are few ideas sure to please any young child:

Playing tag  
Throwing balls  
Riding a tricycle or bicycle  
Pulling wagons  
Flying a kite  
Digging in the sand  
Building a snowman  
Jumping in leaves  
Playing on swings  
Driving trucks  
Swimming  
Walking  
Dancing  
Pushing a toy shopping cart

ally means not enough physical exercise or creative



## Telephone tips for the self-care child

For children at home alone while parents are at work, the telephone can be a lifeline. Youngsters can use it to check in with mom and dad, chat with friends or relatives, or most importantly, call for help in an emergency.

To help children learn how to use the telephone and answer calls, have them practice the basics of dialing and teach them about any special features your phone may have. Then, go over numbers they might need in an emergency, such as 911 or the numbers for the local fire, police, ambulance and

poison control.

You may also want to review the rules of taking a message—writing down the caller's name and number and any message. Another very important lesson, according to Carol Sizer, is to prepare a message for the child to deliver to callers when you're not home. For instance, "My mother can't come to the phone right now" instead of "My mother's not home."

Lastly, post this list of important phone numbers on your refrigerator or near the telephone:

IMPORTANT NAMES & PHONE NUMBERS	
MOM'S NAME	_____
WORK PHONE	_____
DAD'S NAME	_____
WORK PHONE	_____
NEIGHBOR'S NAME	_____
NEIGHBOR'S PHONE	_____
RELATIVE'S NAME	_____
RELATIVE'S PHONE	_____
DOCTOR'S NAME	_____
DOCTOR'S PHONE	_____
POKE ALERT	_____
POLICE	_____
AMBULANCE	_____
POISON CONTROL	_____
YOUR HOME ADDRESS	_____
YOUR HOME PHONE	_____

©1994 Whirlpool HomeLife™ Network Services



As your community hospital - United offers a full range of services for the entire family. With three convenient satellite clinics, a new Ambulatory Care Center planned for East Orange - and New Jersey's children's hospital, we're continuing with our commitment to provide quality care to New Jersey's most precious resource -- it's people.

**UNITED HOSPITALS  
MEDICAL CENTER**  
CHILDREN'S HOSPITAL OF NEW JERSEY

*Pulling together, pulling ahead.*

For more information, call (201) 268-8022

# Simple solutions for common childhood ailments

by Cheryl Dickson, MD



**Why is it necessary for children to receive so many immunizations?**

Immunizations are important for children because it helps to prevent certain infectious diseases. According to Dr. Dickson, "by administering vaccines we are helping children develop immunity to childhood infections that would otherwise lead to serious health problems."

I encourage parents to keep a copy of their child's immunization record and to bring this record with them whenever visiting a hospital emergency department or a clinic. The following is a schedule of regular immunizations for children:

<b>Newborn</b>	<b>Hepatitis B</b>
<b>1 month to 2 months</b>	<b>Hepatitis B</b>
<b>2 months</b>	<b>Diphtheria (DPT), Polio Vaccine (TOPV) HIB</b>
<b>4 months</b>	<b>DPT, TOPV, HIB</b>
<b>6 months</b>	<b>DPT, HIB, Hepatitis B</b>
<b>12 months</b>	<b>Measles, Mumps and Rubella (MMR)</b>
<b>15-18 months</b>	<b>DPT booster, TOPV booster, PROHIB</b>
<b>4-6 years</b>	<b>DPT booster, TOPV booster</b>

Once a child has received all of the scheduled immunizations listed above, a tetanus booster should be administered every ten years.

**My baby gets diaper rash quite often. I use powder and ointment to relieve the condition, but the rash re-occurs. What is the problem?**

Diaper rash is often related to moisture and irritation of the skin. Frequent diaper changes are important in order to help prevent rashes. In the event of diaper rash, parents can treat infants by keeping the affected area clean and dry. The use of protective emollients will also help.

Some rashes can be caused by an overgrowth of a fungus called Candida. This rash is usually very red in appearance and often occurs after the use of antibiotics. Treatment for Candida involves applying an ointment or creme available by prescription only. Parents should clean the infant with plain soap and water, and use cloth diapers, rather than baby wipes which have alcohol in them.

**My child gets ear infections quite often, is this a serious problem?**

Ear infections are quite common in children and are the leading cause of doctor visits for children under the age of two. Most infections occur with viral infections of the throat or nose. They can also be caused by bacterial infections. An ear infection is the result of fluid build-up in the middle ear. Treatment usually involves administering antibiotics. If the condition persists greater than six weeks, it can lead to hearing loss. In the event of hearing loss, minor surgery is required.

**I've noticed little bumps in my child's scalp, can this lead to hair loss?**

There are two types of infections that can occur on the scalp that require a physician's attention. Tinea Capitis (ringworm) is a fungus caused by inflammation of the hair shaft. The condition is also contagious. Tinea Capitis can lead to hair breakage and hair loss. It often starts as a scaly rash that may itch. Treatment involves applying a shampoo, obtained by prescription only.

Another scalp infection, Folliculitis, is an inflammation of the hair follicle. Symptoms are usually the presence of small bumps on the scalp. "It is often caused by braiding the hair too tightly," said Dickson who commented that braiding hair too tightly often exposes the hair follicle to infection. Folliculitis is treated by the use of a shampoo and antibiotic, available by prescription only.

The pediatric continuity clinic at United Hospitals' Children's Hospital of New Jersey operates Monday through Friday from 11:00 a.m. to 3:00 p.m., and every evening from 4:00 to

10:00 p.m. Appointments can be made in advance by calling the clinic at (201) 268-8115. Walk-ins are accepted as well. Upon the first visit patients are assigned a personal physician that will manage their care during each visit. For more information,

I can be reached at (201) 268-8797.

Cheryl Dickson, MD, is director of the pediatric emergency department and continuity clinic at United Hospitals' Children's Hospital of New Jersey

## HB NUTRITION

# How do I know if my child is eating enough?

Children eat when they are hungry and usually stop when they are full. Some parents worry because young children appear to eat very small amounts of food, especially when compared to adults portions. A child who is growing well is getting enough to eat.

To check your child's diet, pay attention to the food choices among different food groups. Make sure no one food group is completely left out. If this happens a day or two, don't worry. But repeated neglect of certain food groups could unbalance the diet.

### Child-size servings: be realistic

For youngsters, adult-size servings can be overwhelming. Judging the right serving size encourages food acceptance. Here's an easy guide to child-size servings: Serve one-fourth to one-third of the adult portion size or one measuring tablespoon for each year of the child's age.

Give less than you think the child will eat. Let the child ask for more if he or she is still hungry.

### Snacks count, too

Snacking makes up an important part of childhood nutri-

tion. Children must eat frequently because they have high energy needs. Three meals and two or three healthful snacks a day help youngsters meet their daily nutrition needs.

To make the most of snacks, parents and care givers should have control over the type of snack and the time it is served.

Type. Limit snacks to nutritious foods. A snack food should contain enough nutrients to justify its calories. Choosing snack foods from the basic five food groups is the best way to do this.

Timing. Plan snacks. Schedule snacks around the normal events of the day, between meals if possible. Children should learn to get hungry, instead of feeling full all the time.

### Quick and smart snack food ideas:

Fresh fruit (bananas, strawberries, cantaloupe, oranges, apple slices)  
Cereal with low fat milk  
Bagels  
Graham crackers  
Low fat yogurt  
Raw vegetable sticks  
String cheese  
Turkey slices  
Vegetable soup

# Heart smart eating ideas for the whole family

Try these simple tips to limit extra fat and cholesterol:

- Have plenty of fresh fruits and vegetables available.
- Serve whole garlic bread and cereals regularly
- Offer low fat milk and low fat yogurt. Choose cheeses that are lower in fat.
- Include starchy foods like potatoes, rice and pasta often.
- Skip toppings like butter, margarine, gravy and sour cream which add extra fat and calories. Try using grated parmesan cheese; herbed cottage cheese or low fat yogurt for toppings instead.
- Select lean meats like chicken, turkey, fish, lean beef cuts (top round, eye of round, top loin and sirloin, lean hamburger) and lean pork cuts (tenderloin, loin, chops, ham.)
- Trim off all visible fat and remove skin from poultry.
- Choose margarine and vegetable oils like canola, corn,

sunflower, soybean and olive oils.

- Try angel food cake, frozen fruit bars or low fat frozen yogurt in place of rich creamy desserts.
- Use nonstick vegetable sprays to reduce added fat when cooking.
- Use fat-free cooking methods like baking, broiling, grilling, poaching or steaming when preparing meat, poultry and fish.
- Serve vegetable and broth based soups. Or, use low fat milk when making cream soups.



Adopting A Baby  
Can Make Your Family Complete.



Call 212-369-0300

SPENCE & CHAPIN

Let us tell you about our shorter waits and personalized service.

# SIDS: a major killer of infants

Many more children die of SIDS in a year than all who die of cancer, heart disease, pneumonia, child abuse, AIDS, cystic fibrosis and muscular dystrophy combined...

## What is SIDS?

Sudden Infant Death Syndrome (SIDS) is a medical term that describes the sudden death of an infant which remains unexplained after all known and possible causes have been carefully ruled out through autopsy, death scene investigation, and review of the medical history. SIDS is responsible for more deaths than any other cause in childhood for babies one week to one year of age, claiming 150,000 victims in the United States in this generation alone. Seven thousand babies each—nearly one baby every hour of every day. It strikes families of all races, ethnic and socio-economic origins without warning; neither parent nor physician can predict that something is going wrong. In fact, most SIDS victims appear healthy prior to death.

## What causes SIDS?

While there are still no adequate medical explanations for SIDS deaths, current theories include: (1) stress in a normal baby, caused by infection or other factors; (2) a birth defect; (3) failure to develop; and/or (4) a critical period when all babies are especially vulnerable, such as a time of rapid growth.

## Can SIDS be prevented?

No, not yet. But some recent studies have begun to isolate several risk factors which, though not causes of SIDS in and of themselves, may play a role in some cases. We share the following information with you in the interest of providing parents with the latest medical evidence from research in the U.S. and other countries in the hope of giving your baby the best possible chance to thrive. (It is important that, since the causes of SIDS remain unknown, SIDS parents refrain from concluding that their childcare practices may have caused their baby's death).

## Reducing the risks for SIDS some steps parents can take

Place your baby on the back to sleep.

The American Academy of Pediatrics recommends that healthy full term infants sleep on their backs or sides to reduce the risk for SIDS. This is considered to be primarily important during the first six months of age, when a baby's risk of SIDS is greatest. It does not apply to certain infants with breathing problems or infants with excessive spitting up after feeding. Parents should discuss this recommendation with their baby's doctor.

## Stop smoking around the baby

Sudden Infant Death Syndrome has long been associated with women who smoke during pregnancy. A recent study by the National Center for Health Statistics demonstrates that women who quit smoking but then resume smoking after delivery put their babies at risk for SIDS too. Findings from the survey show that babies exposed to smoke only after birth were twice as likely to die from SIDS as those whose mothers did not smoke at all. And, constant smoke exposure both during and after

pregnancy tripled a baby's risk for SIDS.

## Use firm bedding materials.

In response to recent research, the U.S. Consumer Product Safety Commission has issued a series of advisories for parents on the hazards posed to infants sleeping on beanbag cushions, sheepskins, foam pads, foam sofa cushions, synthetic filled adult pillows and foam pads covered with comforters. Waterbeds should also be avoided. Parents are advised to use a firm, flat mattress in a safety approved crib for their baby's sleep.

## Avoid overheating, especially when your baby is ill.

SIDS has been associated with the presence of colds and infections, although colds are not more common among babies who die of SIDS than babies in general. Now, research findings indicate that overheating—too much clothing, too heavy bedding, and too warm a room—may greatly increase the risk of SIDS for a baby with a cold or infection. Signs that your baby may be overheated include sweating, damp hair, heat rash, rapid breathing, restlessness, and sometimes fever. To help your baby regulate his or her temperature, some pediatricians recommend maintaining consistent indoor temperatures of 68 to 70 degrees Fahrenheit; and dressing your baby in as much or as little as you would wear.

## If possible, breastfeed your baby

Studies by the National Institute of Child Health and Human Development show that babies who died of SIDS were less likely to be breastfed. Potential advantages to breastfeeding your baby include prevention of gastrointestinal and respiratory illness, infections and certain immunologic disorders.

## Other important factors.

Statistics tell us that seasonality (i.e. the cold weather months), maternal age (i.e. boys are at higher risk than girls) are among the factors which must be considered. Baby's age is another risk factor. SIDS occurs most frequently in infants two to four months old; nearly 90 percent of the babies who die of SIDS are under six months of age. We also know that there is a higher incidence of SIDS for premature and low-birthweight infant, twins and triplets.

Maintaining good prenatal care and constant communications with your baby's doctor about changes in your baby's behavior and health are of the utmost importance.

## Considerations

Risk factors by themselves do not cause Sudden Infant Death Syndrome, but can have a negative effect on infant well-being. In fact, as many as two-thirds of SIDS victims have no known risk factors, and, most babies with one or more of these risk factors will not become SIDS victims.

Therefore, while doctors are hopeful that following the recommendations we have described may reduce the risk of SIDS, we must understand that following the recommendations faithfully will still not prevent all SIDS deaths. Research must continue if we are to discover how and why SIDS occurs, and expand upon these and other risk factors.

# Getting Better Is What We're All About.

We keep getting better so we can help you get better, stay better, live better.

At East Orange General Hospital,

we've made significant improvements in facilities and in technology. These investments greatly enhance our ability to serve the health care needs of our community.

But our commitment goes deeper.



We want to help people live happier, healthier lives. We've added education and support programs; expanded efforts to reach out to church and civic groups.

At East Orange General Hospital, we believe a great hospital has a responsibility to be at the center of the entire community.

We take that responsibility seriously.

## Your partner for a healthier community



**EAST ORANGE  
GENERAL HOSPITAL**

**AND FAMILY HEALTH CENTER**

300 Central Avenue

East Orange, New Jersey 07018

201-672-8400



## HB DISCOVERY

# Turning on to the power of ideas

If the public schools of the United States are as bad as the movie *High School* suggests they are, this nation is chopping up its own youth in a gigantic garbage disposal unit and going down its own drain.—*High School* by Joseph Morgenstern (1969 Newsweek review)

Frederick Wiseman is an internationally acclaimed filmmaker noted for his insightful series of documentaries on American institutions. In 1968 he made the second film in his series, *High School*, which created a stir with its depiction of the rigid learning process and authoritarian atmosphere at a suburban Philadelphia school. With the vast changes that have taken place in society since then, Wiseman decided to once again explore education in his newest documentary *High School II*.

Presented by Thirteen WNET in New York, *High School II* airs Wednesday September 7 at 9 p.m. (ET) on PBS (check local listings).

"When I made *High School* in 1968, Northeast High was almost all white. For *High School III* chose a school that was mostly minority and low income students, and sends 90 percent of its graduates to four year colleges," Wiseman said. "I thought it would be more interesting to look at a school that was successfully meeting the well known challenges of urban education, rather than a school that was known as a failure and where the problems were obvious."

*High School II* follows the day-to-day activities at Central Park East Secondary School (CPESS), a successful alternative school located in New York City's East Harlem. While the New York City school system is plagued by management problems and escalating drug related violence in and around its schools, at CPESS the education process is thriving. Drugs and violence are not major concerns. The school has a dropout rate of five percent versus the citywide rate of 40 percent and, it offers a learning and social environment where teen-

agers can find support for problems they might encounter at home or in their community.

*High School II* illustrates some of the immense changes in secondary education over the last 25 years. At CPESS teachers and students are seen as partners in an atmosphere where cooperation is stressed. The program is academically rigorous and intellectual achievement is emphasized. Participation in all areas of school life is encouraged and, as a result, a strong sense of community exists within the school.

Co-directors Deborah Meier and Paul Schwarz maintain that their theory of education adopts concepts from two extremes, kindergarten and graduate school. Their approach is to captivate and inspire students to learn, and to develop in students the self-motivation to learn independently. They instill in their students the "five habits of mind": perspective, from whose point of view? supposition, what if? evidence, how do we know what we know? relevance, why is this important? connections, how are things connected? These tools help students to evaluate complicated issues as well as events in their own lives.

The daily schedule of class work is a sequence of two-hour periods in which students concentrate on assignments while receiving individual instruction from teachers. In place of traditional testing methods such as multiple choice tests or exams, students create project portfolios to demonstrate that they have learned what is being taught. Their performance is continually analyzed through presentations that can include written essays, verbal demonstrations, debates, theater exercises and group projects.

To graduate, students submit portfolios in seven major areas and seven minors. These are reviewed by the student's graduation committee—an advisor, a second faculty member, an adult of the student's choice and a younger student.

*High School* observes the daily operation at CPESS. In the classrooms students study a wide variety of subjects in the humanities and sciences, while engaging in classroom debates, individual and group study and tutoring sessions. Students discuss their achievements, learning difficulties and personal problems in meetings with family members, teachers and administrators.

Students are encouraged to take part in numerous activities outside of school. The camera watches as they plan a demonstration in support of Rodney King at City Hall, discuss internships at corporations and non-profit institutions, and train as peer counselors to conduct conflict resolution sessions that peacefully resolve hostilities between rivals.

The filmmaker goes behind the scenes to observe faculty meetings discussing the school's curriculum, students' progress, the sex education program, and comparison stud-

ies with traditional high schools. In the final scene of *High School*, Deborah Meier says to a group of parents, "The idea that we're struggling with is how to create a school that is powerful enough to turn kids on to the power of ideas in their lives."

Meier and Schwarz teach that any problem can be solved, any situation can better be understood by utilizing one's intellect with a sound process of reasoning. Their promise is that their students will have learned to use their minds and to use them well.

*High School* is produced, directed and edited by Frederick Wiseman. Photography is by John Davey. The film is presented on PBS by Thirteen/WNET in New York and distributed by Zipporah Films. Funding for *High School* is provided by the Annie E. Casey Foundation, The Aaron Diamond Foundation, The Ford Foundation, and the Public Broadcasting Service.



Students at Central Park East Secondary School work together on a project.

Photo: Evan Emses

## HB HEALTH

## Building a 'healthier tomorrow'

A ground breaking ceremony is scheduled for August 18 as the Plainfield Neighborhood and Health Services Corporation, Plainfield Health Center, builds a "healthier tomorrow" with the construction of a new and larger health center facility on Rock and Myrtle Avenues in Plainfield.

"This is definitely a milestone in the history of the health center. It is a milestone to be able to put up this new building and provide the patients with the type of environment they deserve," stated Julane Miller, executive director of the Plainfield Health Center.

According to Miller construction should begin in October giving Plainfield and local residents a 34,000 square foot facility to utilize in late 1995.

The Plainfield Health Center, which currently occupies two locations, provides OB/GYN, dental, prenatal care, family planning, social work, nutritional counseling, screening and referrals for substance abuse, AIDS testing, treatment and counseling, WIC, adult medicine, pediatrics, podiatry, radiology and

lab services. It will continue to provide these services, but will do so in its greatly needed, expanded facility.

"We are cramped and over crowded. We turned closet space into office space," said Miller.

The need for a larger and better facility was recognized by the health center's board members over five years ago. Discussions and planning, soon after, were underway. "Within the last three years the plan was really put together. We kicked off our capital drive in 1993, but the planning has been there for quite a while in terms of initiating and looking for site and trying to determine where the dollars are going to come from," stated Miller.

Funding for the health center is being provided in part by The Department of Health and Human Services (Federal), United National Bank providing the construction loan, and several donations and grants including one from New Jersey's State Department of Health. The center is also working on permanent financing through New

Jersey's health care facility financial authority.

The Plainfield Health center has been providing services since 1965. In 1988, the center in an affiliation agreement with Muhlenberg Regional Medical Center to provide quality primary health care in the center's community care setting began functioning as the hospitals primary care clinic.

By 1990, the health center was forced to open a satellite office on Park Avenue to accommodate its growing obstetric, gynecology and family planning services. The center, who provides services to anyone regard-

less of their ability to pay, has an annual budget of \$4.5 million and a staff of 67 full time employees, including administrative staff.

"I am excited about what we will be able to do for our patients, to be able to provide a better facility. I am excited about what it can do for Plainfield as a whole, but I'm also excited for our staff members, who have hung in there working in very crowded conditions, and being able to offer them a better environment to work in. All around it's a very positive thing for the community," commented Miller

### Level II approval (Continued from page 5)

and believe that it has very positive effects on the baby."

The nursing staff works in conjunction with the Maternity Unit's staff to assure continuity of care for the patients.

"We coordinate all our efforts with the Maternity Unit. At the beginning and end of each shift, we make rounds and exchange mother/baby reports. The communication and

cooperation between all the Maternal/Child Health areas is critical to delivering consistent quality care."

The Nursery also insures continuity of care by practicing primary nursing, which requires each nurse to be responsible for the total patient care of specifically assigned babies.

The Hospital's Nursery has twenty-four hour, in-house, neo-natology and pediatric coverage.

A recent gift of medical supplies made by the Hospital Center at Orange to the YWCA in Orange helped to stock the infirmary at the Y's Camp Lenoloc in Harriman Park, NY. Accepting the donation from Thomas Henderson, HCO's coordinator of community relations, are (From left), YWCA's Joan Clarke, assistant to the executive director; Carolyn Dylak, executive director; Henderson and Shirley Johnson, president of the Y's Board of Directors. The collection of medical items included bandages, gauze, tongue depressors and a variety of first aid lotions and supplies.



## The Black Family Dinner Quilt Cookbook

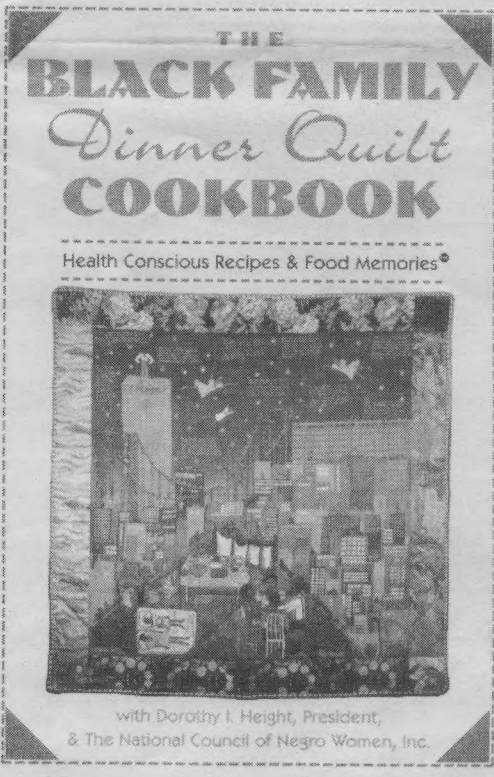
*Health conscious recipes and food memories*

In the African-American community, heirloom quilts, like family recipes, are handed down from generation to generation, imparting culture and preserving the history of a people.

In *The Black Family Dinner Quilt Cookbook* women have combined quilts and food to create a cookbook of health conscious recipes.

From the creators of the Black Family Reunion Cookbook come traditional and contemporary cuisine with recipes full of down-home flavor but lower in fat, salt, and sugar. Recipes such as Apple Orchard Pork Chops, Corn and Peppers Muffins, Hot 'n Spicy Shrimp Stew, and Kwanzaa Jollof Rice all include a full nutritional analysis—listing calories, fat, percentage of calories from fat, carbohydrates, protein, cholesterol, and sodium. A chapter on menus and nutrition includes information on menu planning, reducing fat and cholesterol in the diet, and tips for health conscious cooking and eating.

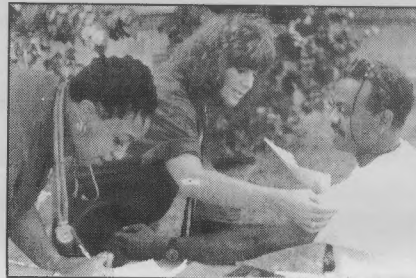
The book includes examples of quilts and the history of quilting in African-American culture. The recipes and quilts also revolve around the people who make them and the stories they tell, and such "food memories" are included in this book.



*Don't miss the next issue of Heartbeat, in recognition of Black Health Month*

# PULSE

Annual nursing recognition awards were presented recently by Children's Specialized Hospital. Pictured at the Hospital ceremony are (L-R) Dierdre Daniels of Plainfield, recipient of the Nursing Assistant Recognition Award; Melissa Deschenes, RN of Keyport, named Nurse of the Year and Karen DeWitt, Ph.D., CSH vice president of nursing. Children's Specialized, the state's only pediatric rehabilitation hospital, has facilities in Mountainside, Fanwood, and Toms River.



Hospital Center at Orange Staff Monique Hardy (L) and Dale Groninger offer blood pressure screenings to a community residents at the recent Taste of Orange festival on Main Street in Orange. The hospital provided a variety of free health screenings on hypertension, diabetes, breast and back health as well as information on nutrition and prenatal care services to approximately 1,000 children and adults.

## Concerned Care.

The Hospital Center at Orange makes your health -- and the health of your family -- our first concern. Ask us about women's and children's health services.



### Maternity Care

- Newly renovated nursery and postpartum units
- Individual and group parenting sessions (266-2109)
  - ✓ Lamaze classes
  - ✓ Lamaze refresher classes
  - ✓ Infant care
  - ✓ Breast feeding consultation
  - ✓ Sibling preparation classes

### Clinic Services

- Family planning
- Prenatal care
- Postpartum follow-up
- Gynecology
- Pediatrics

### Support Services

- WIC nutrition programs and services
- Medicaid eligibility assistance
- Social services
- Health education



**Hospital Center at Orange**

188 South Essex Avenue, Orange, N.J. 07051  
(201) 266-2180 or (201) 266-2176

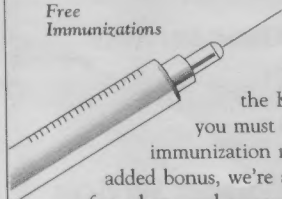
# The KidCare Van Is Coming!

Look for it at the Annual Newark Festival of People, Military Park, Saturday, August 20th.

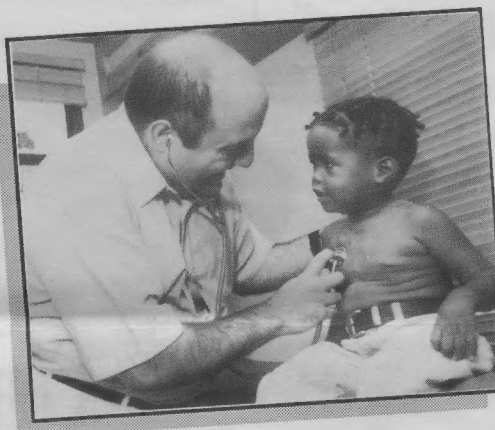
That's the special day when the KidCare Van, the mobile pediatric unit from The Newark Children's Health Project, will offer **free** back-to-school check-ups and immunizations for all children from birth to age 17! You've probably seen University Hospital's KidCare Van around your neighborhood. Look for it at the Festival from 9 AM to 4 PM and show you care about your children's health and safety!

**The KidCare Van cares about your child's health and safety!**

Free Immunizations



If you want your children to be examined at the KidCare Van, you must bring their immunization records. As an added bonus, we're also offering a **free** photo and emergency identification kit in cooperation with the Polaroid KidCare Project, associated with the National Center for Missing and Exploited Children. The I.D. kit, which will be given to parents of



children we examine, includes a free photo and record-keeping system designed to help police identify their child in emergency situations.

**Coming soon to a location near you!**

Every week, the KidCare Van brings a physician, a pediatric nurse practitioner, a registered nurse and other healthcare professionals to your area. If your child does not see a doctor or visit a clinic on a regular basis, we can give your children

physical exams, treat their illnesses and injuries, answer your questions and provide health care information. Medicaid is accepted with proof of enrollment. In all other cases your payment is based on what you can afford. Look for the KidCare Van at the following locations each and every week! For more information, call 259-KIDS, or 259-5437.



Site	Day	Time
Stella Wright 159 Spruce St.	Mon	9:30 AM - 4:00 PM
Hayes Homes 71 Boyd St.	Tues	9:30 AM - 12:00 PM
Baxter Terrace 200 Orange Street	Tues	1:00 PM - 4:00 PM
Stella Wright 159 Spruce Street	Wed	9:30 AM - 4:00 PM
Hill Manor 611 Martin Luther King, Jr. Blvd.	Thurs	9:30 AM - 4:00 PM